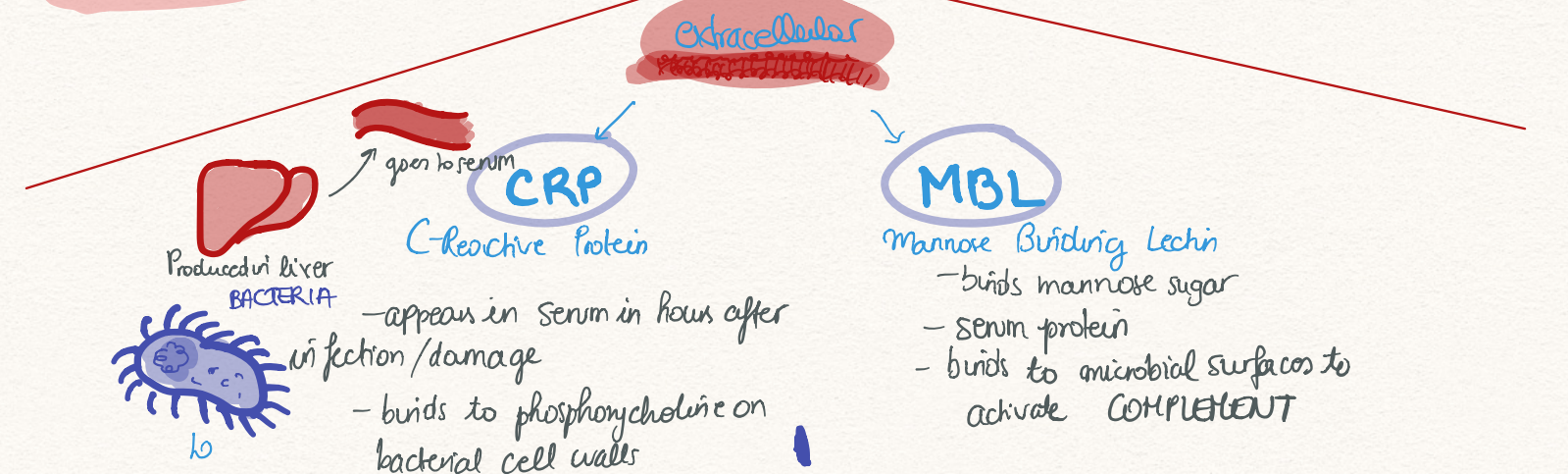
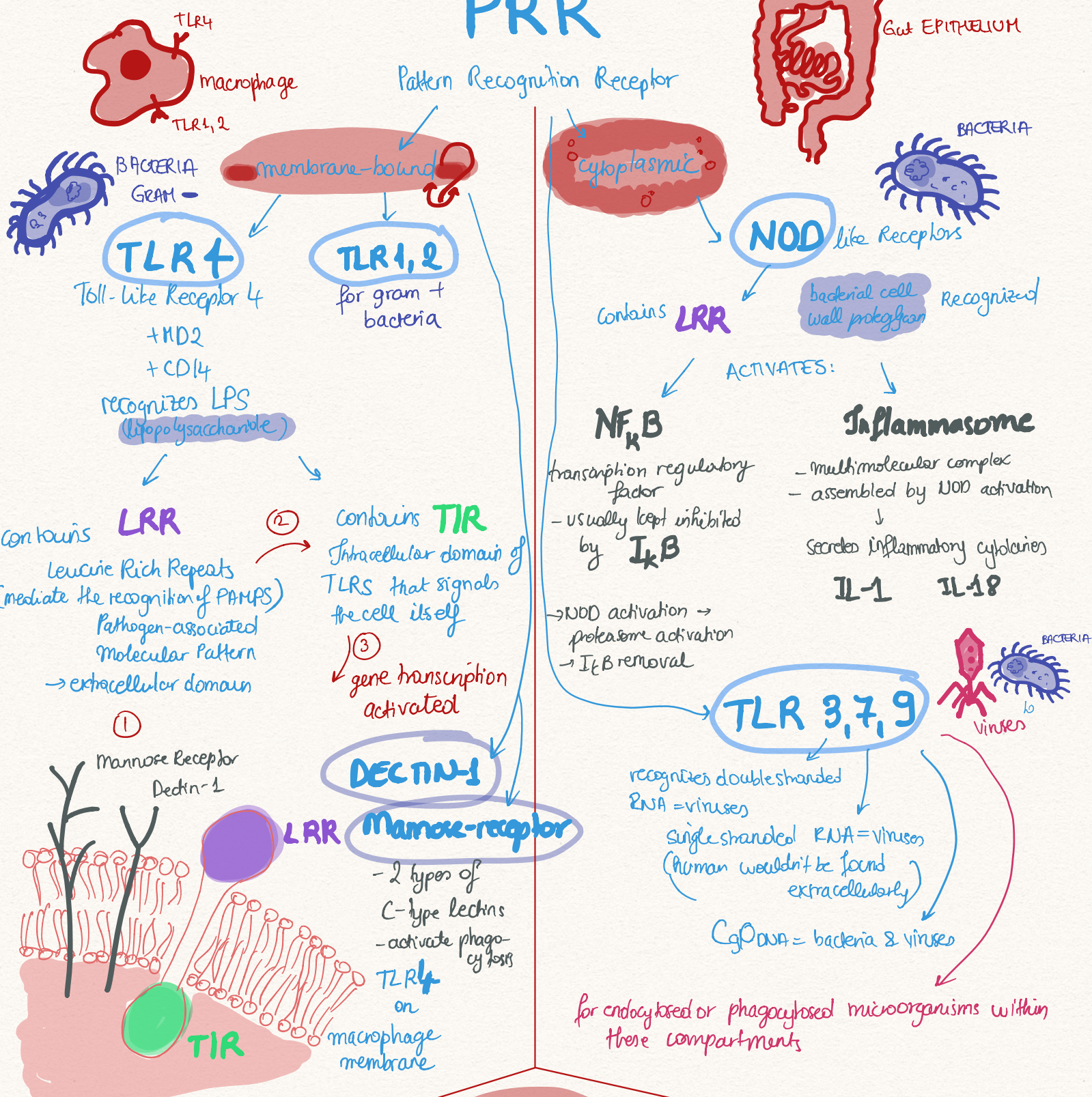


CONTENTS

- 1- INNATE IMMUNE SYSTEM (1-7)
- 2- B-CELLS (8-17)
- 3- ANTIGEN PRESENTATION (18-22)
- 4- T-CELLS (21-24)
- 5- SECONDARY LYMPHOID ORGANS (25-33)
- 6- RESTRAINING THE IMMUNE SYSTEM (34-35)
- 7- MHC AND SELF-RESTRICTION (36-39)
- 8- IMMUNOLOGICAL MEMORY (40-41)
- 9- INTESTINAL IMMUNITY (42-43)
- 10- VACCINES (44-45)
- 11- IMMUNITY GONE WRONG (46-51)

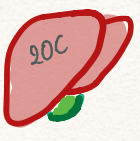
PRR



① Something foreign enters body

PROTEINS

our blood is full of them, liver continuously produces complement



COMPLEMENT



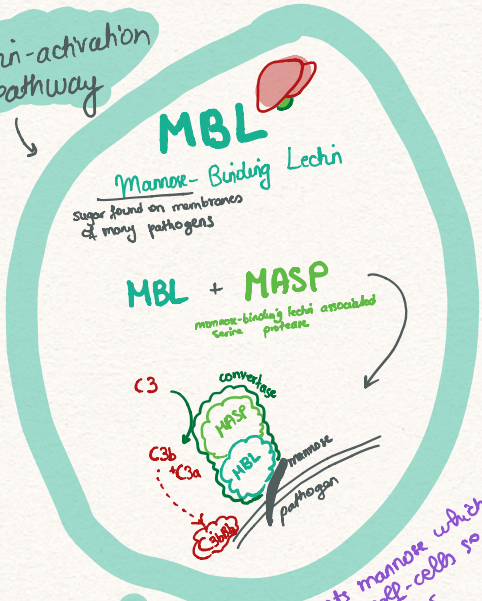
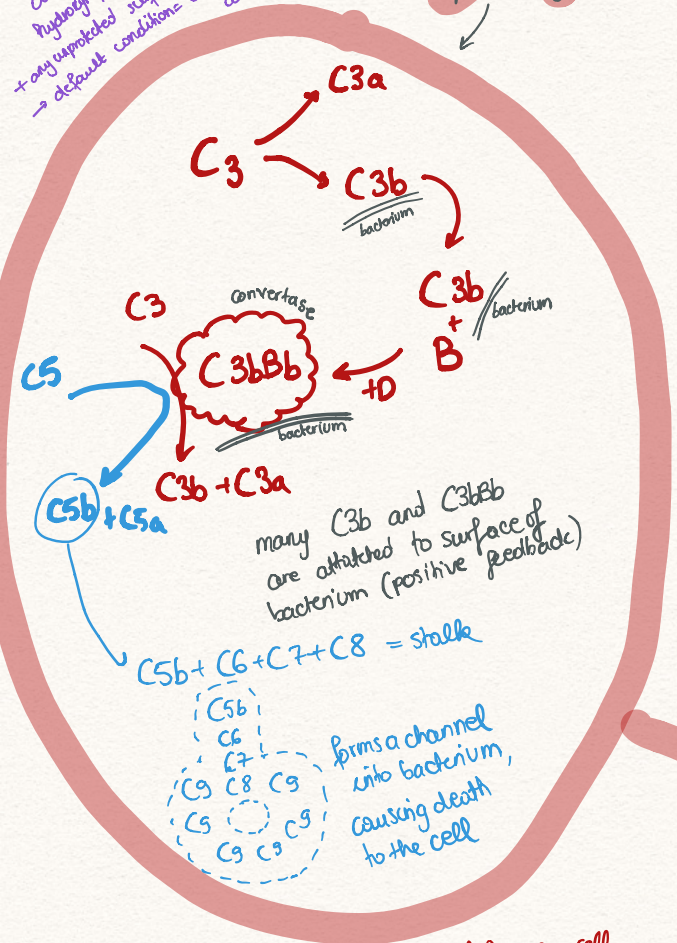
destroys invaders

classical (antibodies)

Alternative pathway

lectin-activation pathway

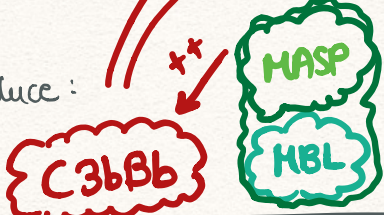
Attachment to any hydroxyl / amino group + any unprotected surface will be attacked by complement → default condition = cell death by complement



Specific: targets mannose which is not found on self-cells so only attacks pathogens

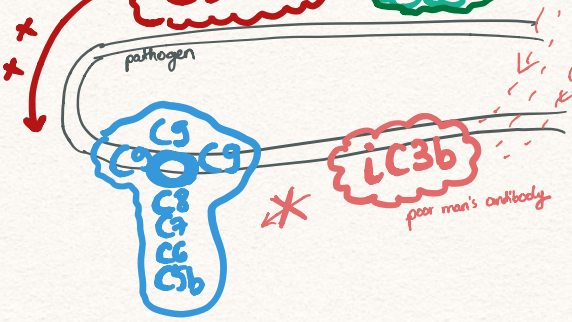


produce:



C3a C5a

chemoattractants anaphylatoxins



This pathway does NOT recognize self from non-self, it attaches the C3b molecules to whatever it can, so that includes our own body cells. It then has to be removed as soon as possible by MCP enzymes on our cell surface. Decay accelerating factor DAF accelerates the breakdown of the C3bBb convertase complex. CD59 (protectin) prevents C9 protein incorporation into MACs.

1/2

MACROPHAGES

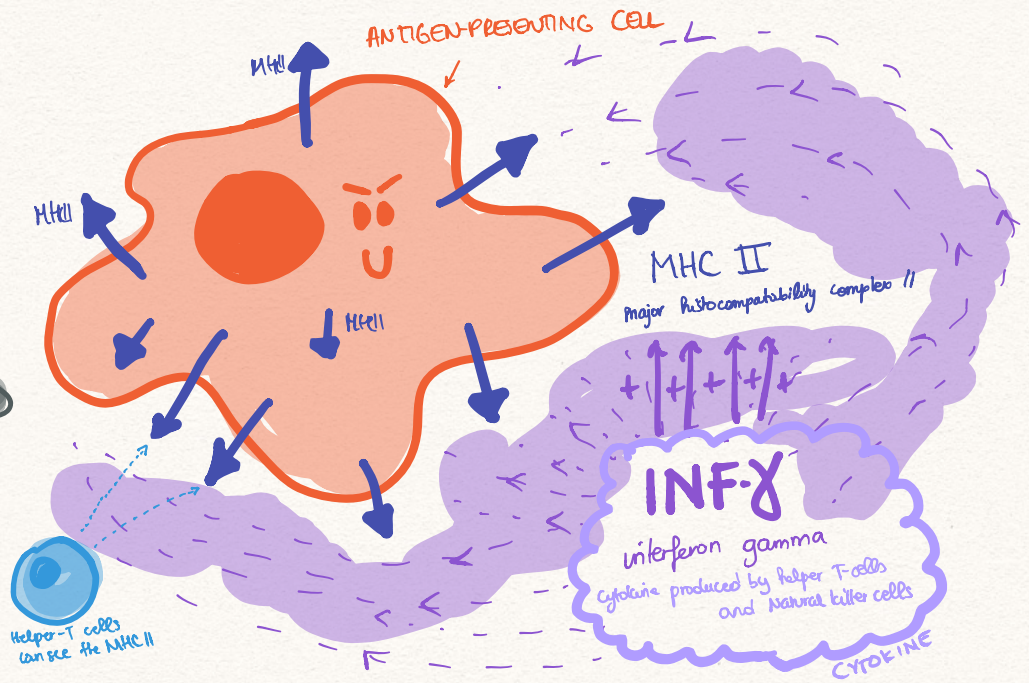
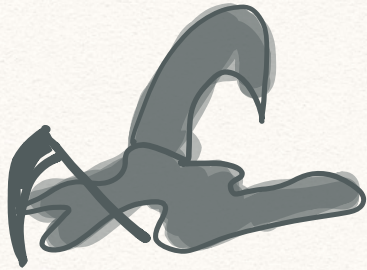
located just under most surfaces of the body ready to attack pathogens (lungs, gut) or to pick up cell debris. = long lived cells (months)
KILL OUR DEAD CELLS

Usually:

GARBAGE COLLECTOR



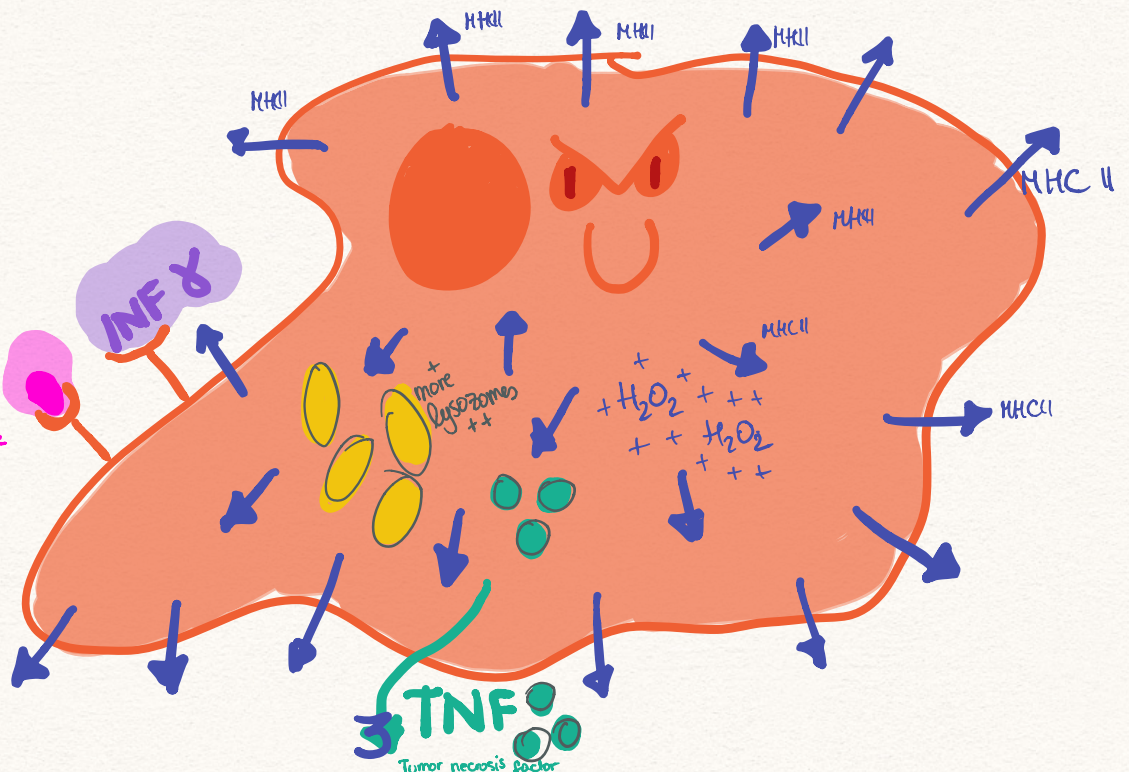
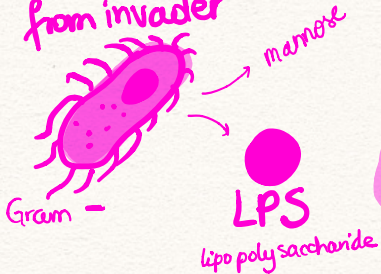
When they receive signals $INF-\gamma$:



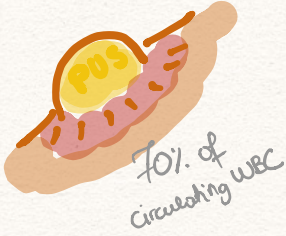
ANTIGEN PRESENTING CELL

Hyperactivation:

direct signal from invader



KILLING MACHINE

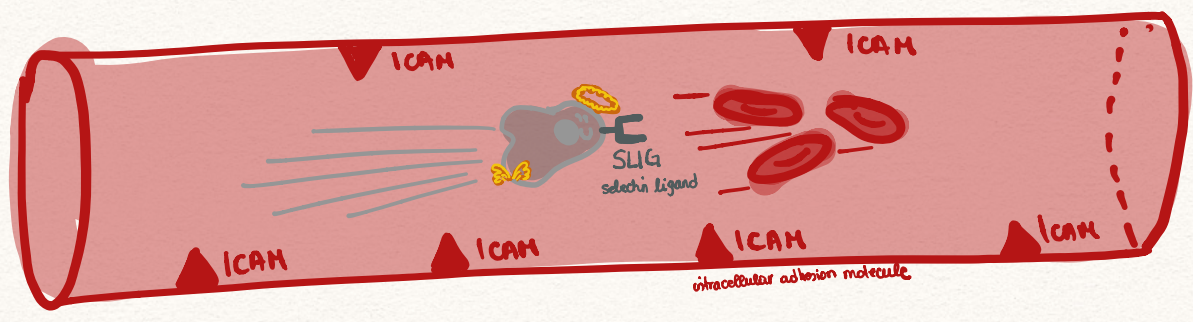


③ NEUTROPHILS

NOT antigen presenting cells. Natural killers "on call" = short-lived ~5 days ~30min to be activated

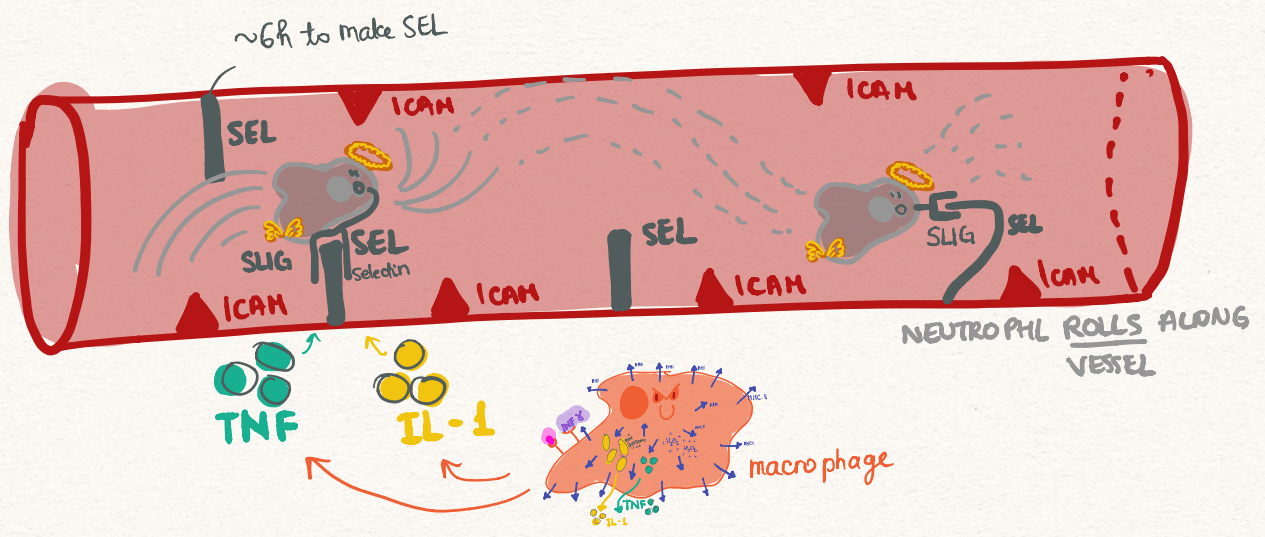
- incredibly PHAGOCYTIC
- produce TNF & other cytokines
- release chemicals that kill pathogens (and other cells): the only immune system cells that can liquefy both cells and connective tissue

NORMAL TISSUE



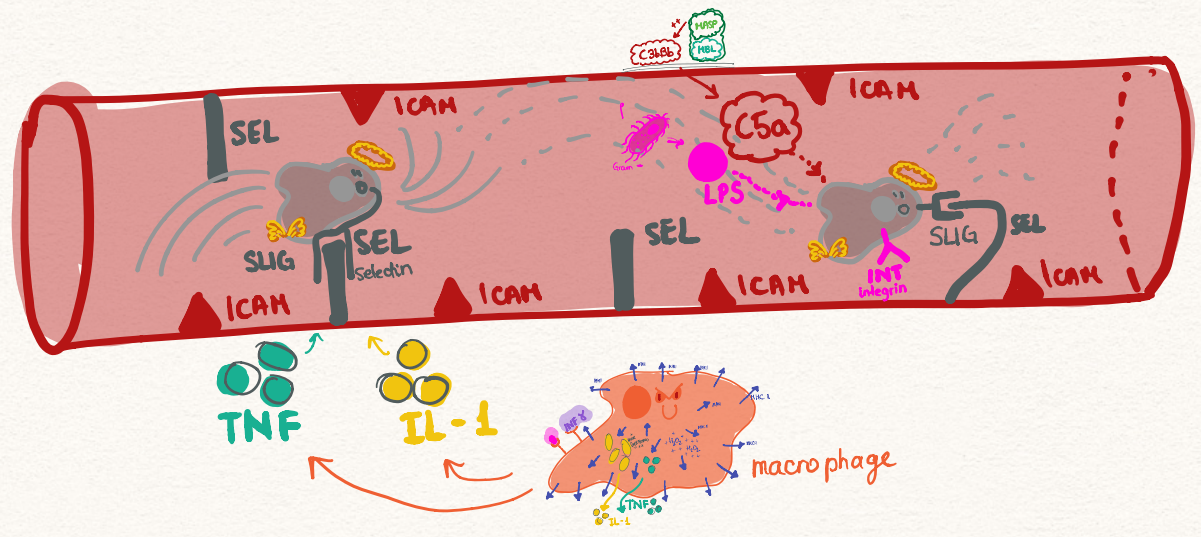
PATHOGEN-INVADDED TISSUE

macrophage step



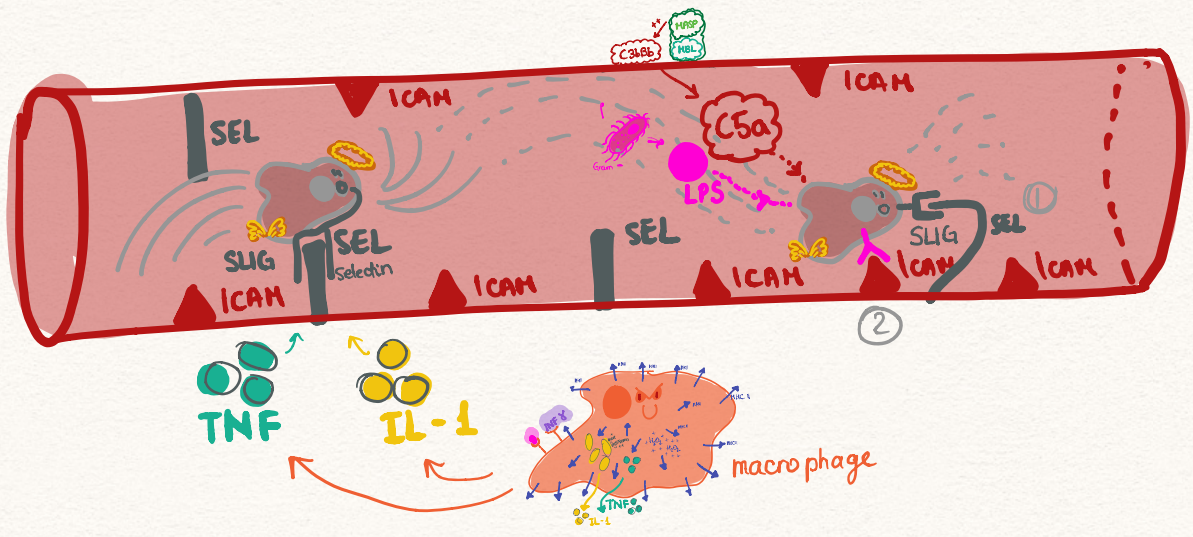
PATHOGEN-INVADDED TISSUE

pathogen + complement step



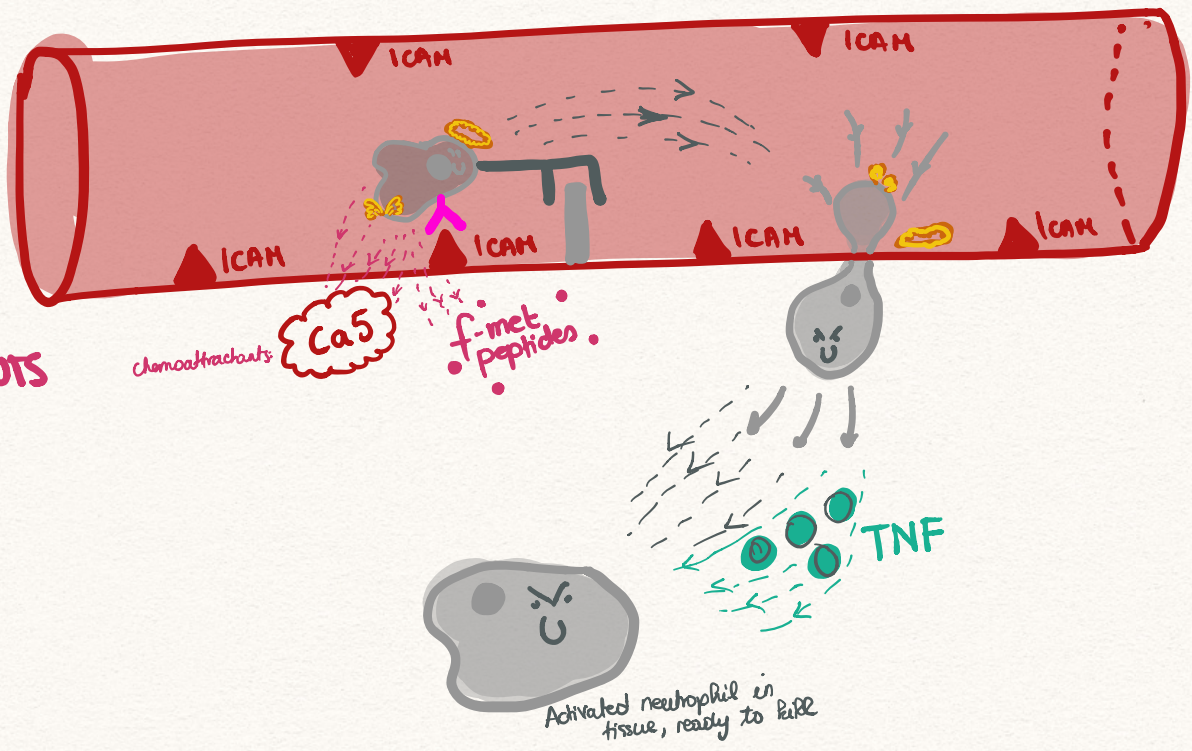
NEUTROPHIL STOPPED

INT < ICAM
 SLIG ← SEL



ESCAPING INTO THE TISSUES

INT < ICAM
 SLIG ← SEL
CHEMOATTRACTANTS
 TNF



The same stopping mechanism is also used for

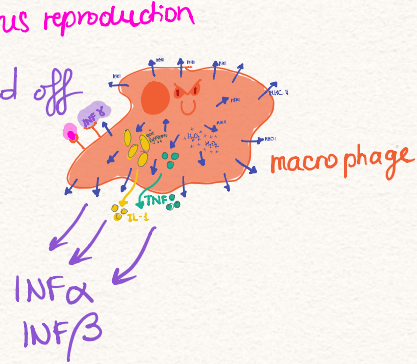
- eosinophils
- mast cells
- monocytes → macrophages
- activated T cells
- activated B cells

} → Just the type of ICAM and SEL molecules are different in each case

INTERFERONS = "interfere" with virus reproduction

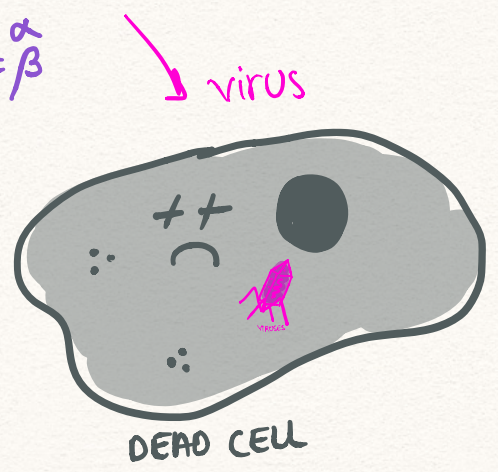
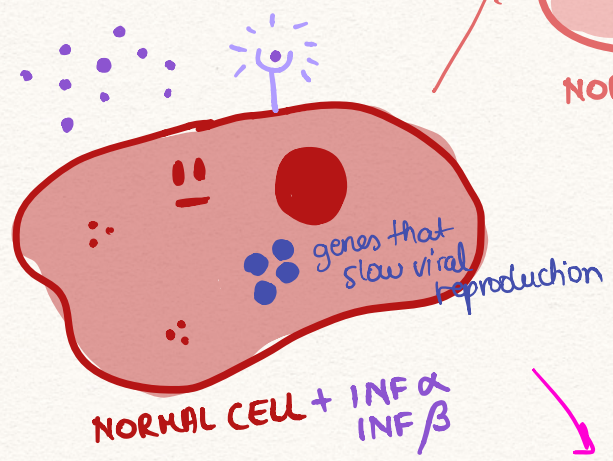
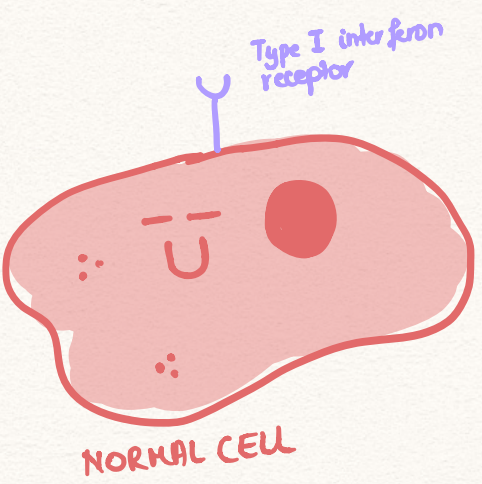
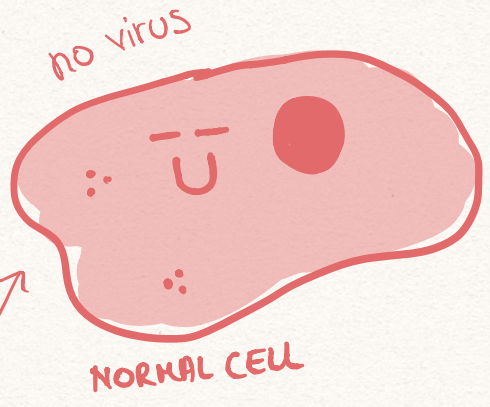
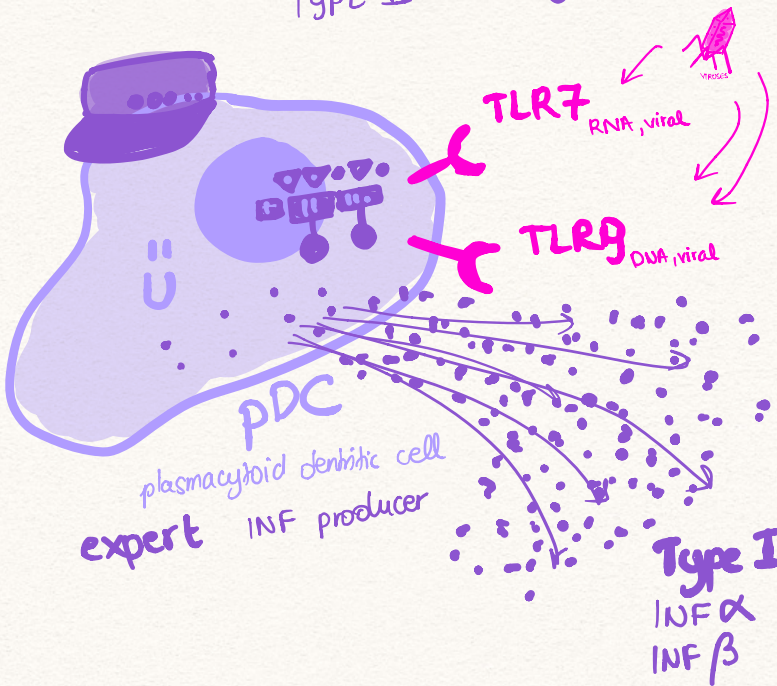
Mainly against viruses → every virus has evolved a way to hold off the interferon system long enough to reproduce

- produced by PRRs (pattern recognition receptors) macrophages
* plasmacytoid dendritic cell



TYPE I - $INF \alpha$, $INF \beta$

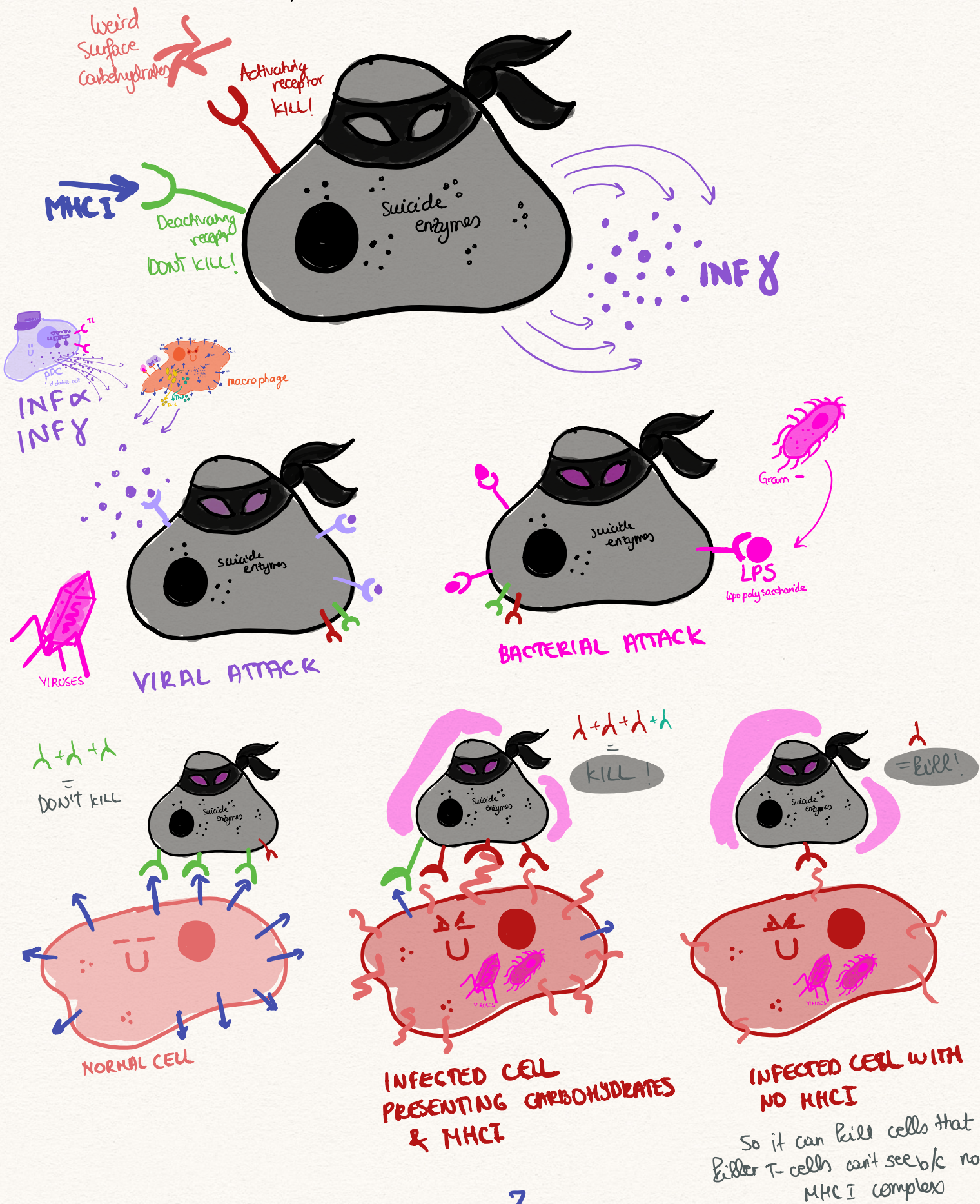
TYPE II - $INF \gamma$



NATURAL KILLER CELLS

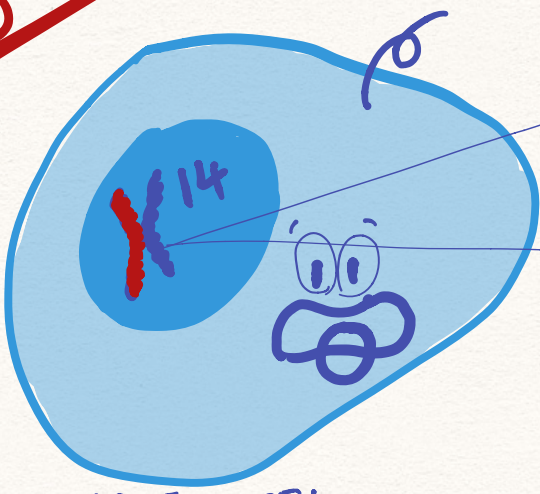
- short-lived ~ 1 week
- mostly in liver, spleen, blood
- roll, stop, exit, proliferate strategy

- inject suicide enzymes into infected cells
NOT SELECTIVELY!!!

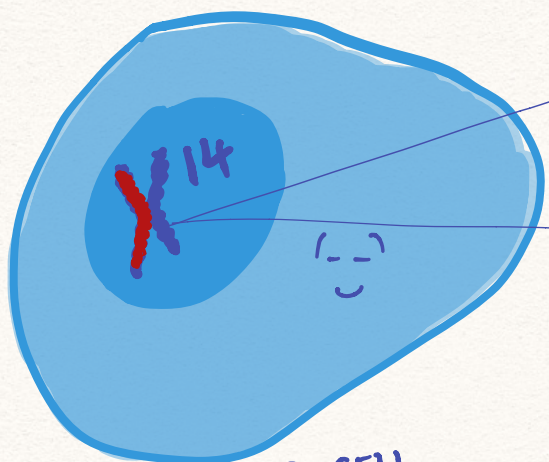
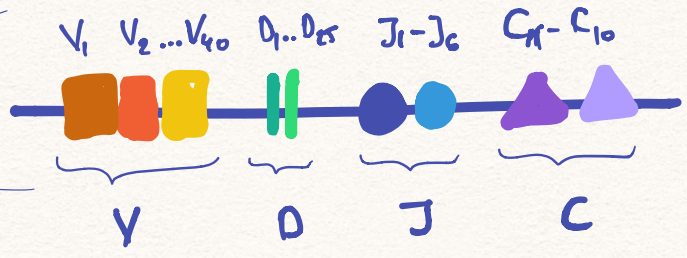


B-CELLS

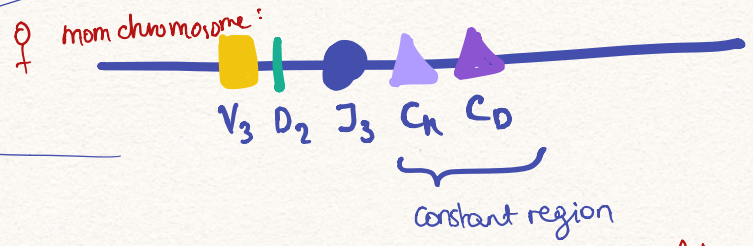
① HEAVY CHAIN TESTS :



IMMATURE B-CELL



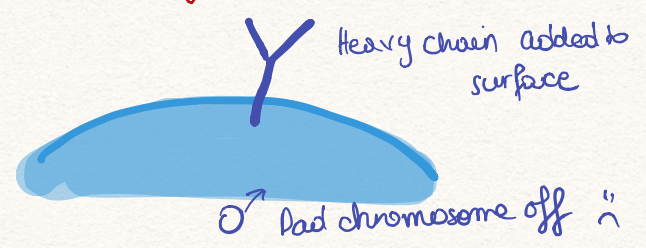
MATURE B-CELL



1/9 chance to be functional:

Test: Does it form a functional protein? (no stop codon?)

Yes: productive rearrangement



NO: DEATH



② LIGHT CHAIN TESTS:

① CAN THE CELL PRODUCE A FUNCTIONAL LIGHT CHAIN?

YES

NO:



② DO THE LIGHT AND HEAVY CHAINS (H_c)L_c) fit together?

YES

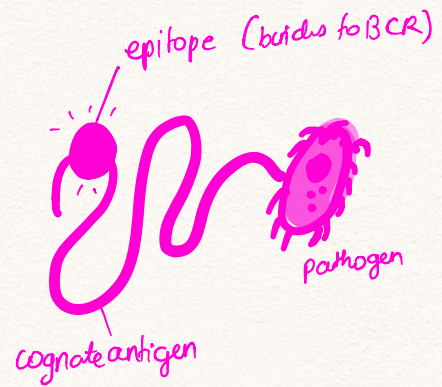
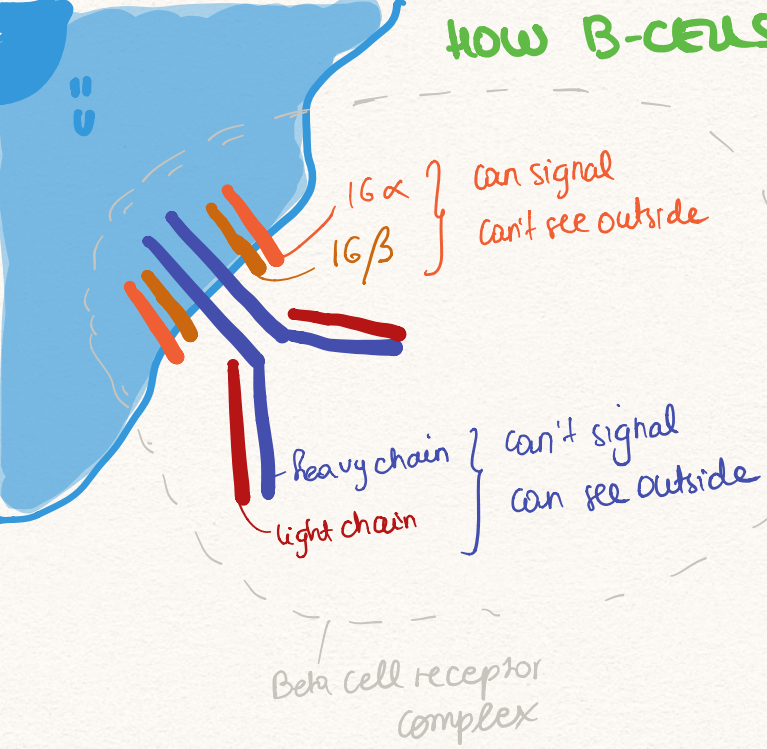
NO:



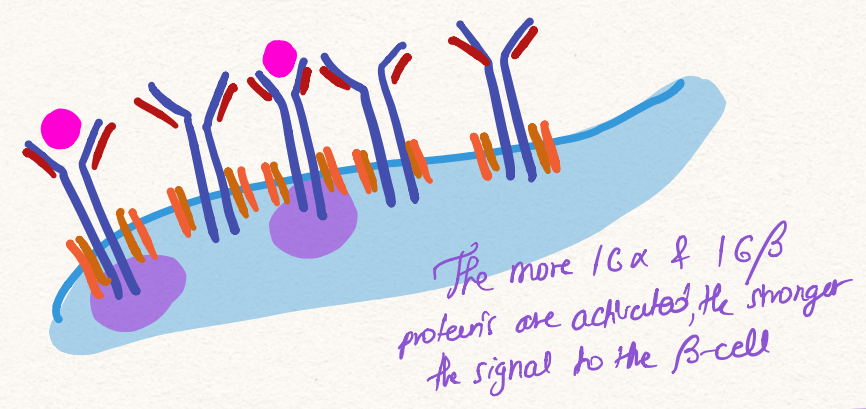
(BCR)

MATURE B-CELL PRODUCING ONLY 1 RECEPTOR TYPE ON SURFACE

HOW B-CELLS RECOGNIZE PATHOGENS:

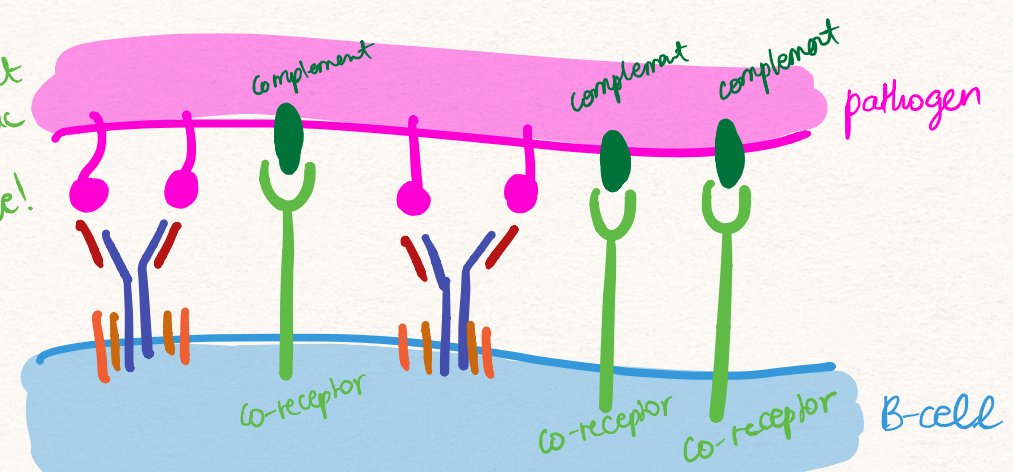


B Cell Receptors need to be crosslinked to work!



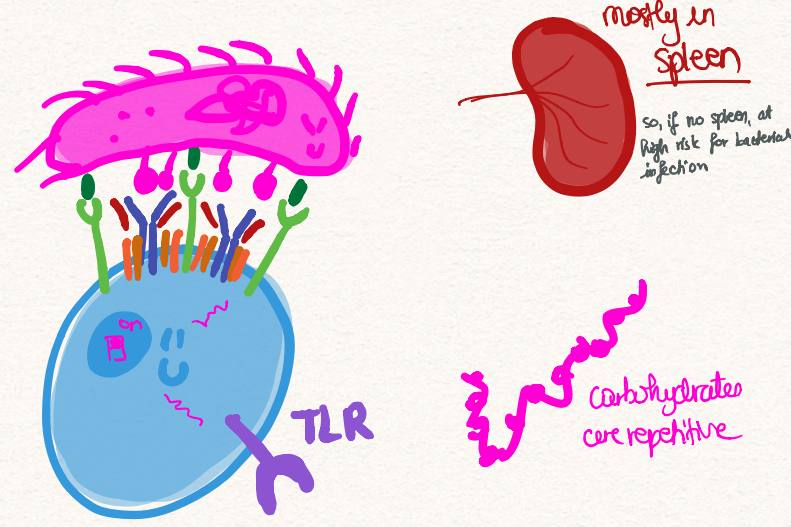
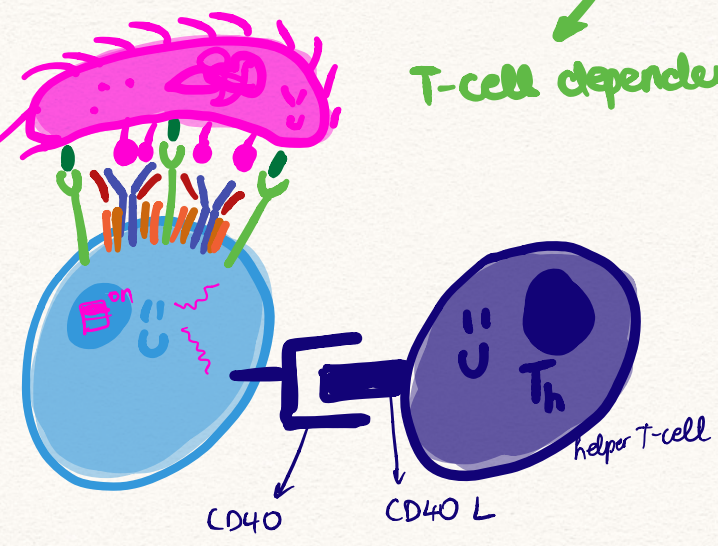
The presence of complement: opsonization of pathogen, amplifies the signal and reduces the amount of receptors needed for signal by 100 fold

Co-receptors
*especially important initially during attack when not a lot of antigen is available!



HOW ARE B-CELLS ACTIVATED ONCE THEY RECOGNIZE A PATHOGEN?

T-cell dependent T-cell independent pathway



Co-stimulatory signal:

$\left. \begin{matrix} \text{IG}\alpha \\ \text{IG}\beta \\ \text{(coreceptor)} \end{matrix} \right\} + \text{CD40} = \text{activation}$

(If no helper T-cells, T-cell dependent B-cell activation will not occur)

① highly repetitive pathogen stimulation: many same epitopes clustered together.

+
② a second signal from a toll-like-receptor
⇒ can respond fast, before T-cells kick in
⇒ but very specific, needs smth very repetitive for a strong signal in a cluster

PROTEIN ATTACK

* **POLYCLONAL ACTIVATION**
= DISTRACTION

MITOGENS

are antigens that drag the BCRs together through dragging other mitogen receptor proteins together

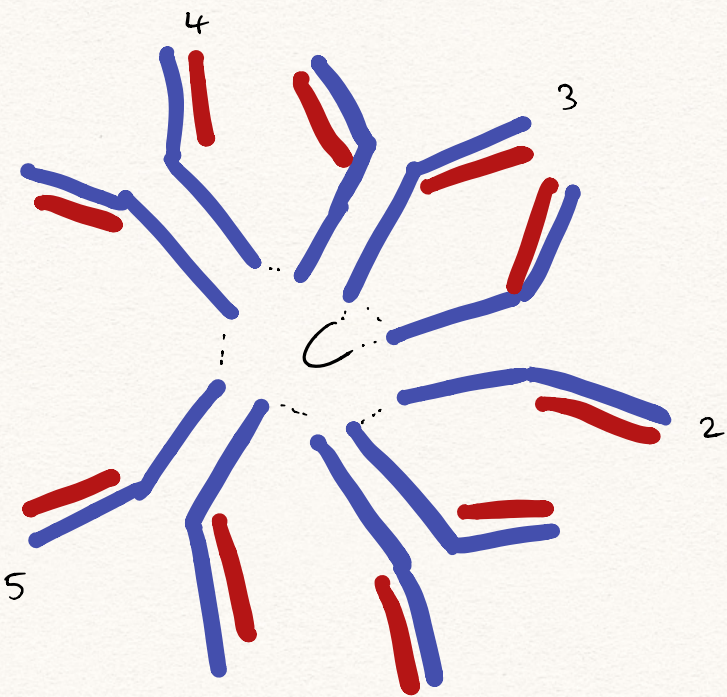
- they can activate many T-cells non-selectively
- random, useless antibodies are made

= a diversion is caused, favoring the pathogen



* importantly, T-cells are activated by **MHC II = amino acids/ proteins**
these B-cells can also recognize carbohydrates

CARBOHYDRATE ATTACK



IgM ~ 1 day

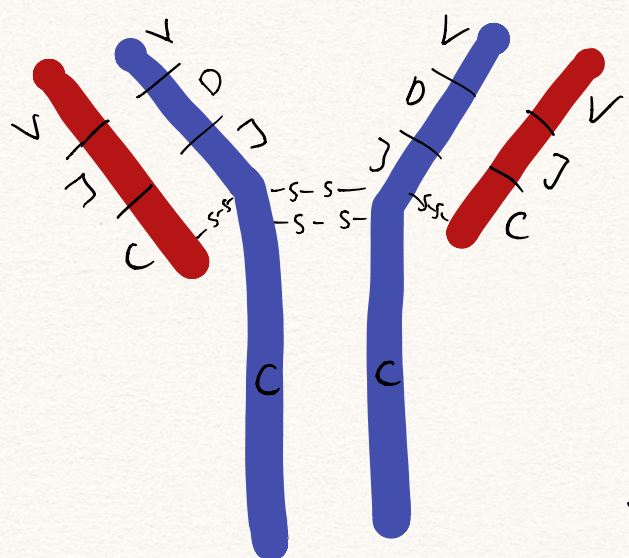
"Ancient" antibody
First default type

- Initially many C3 molecules come together to form a C1 complex, but it doesn't have activated convertases.
- If 2 or more C1 complexes come together, inhibitory molecules fall off and convertases of C3 are made

C1 complexes bind to F_C of IgM → they are brought together
→ convertases are activated

→ extend the range of the complement system by attaching them to bacteria they couldn't possibly find.

→ specific complement binding bc dependent on antibodies.



Antigen Binding Region
F_{ab}

Constant region
F_c

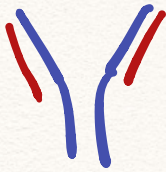
• Can also activate complement, depends on chance close proximity of two IgG antibodies, so quite weak



ANTIBODY
IgG ~ 3 weeks
= gamma globulins

"Classic" antibody
Most abundant in blood

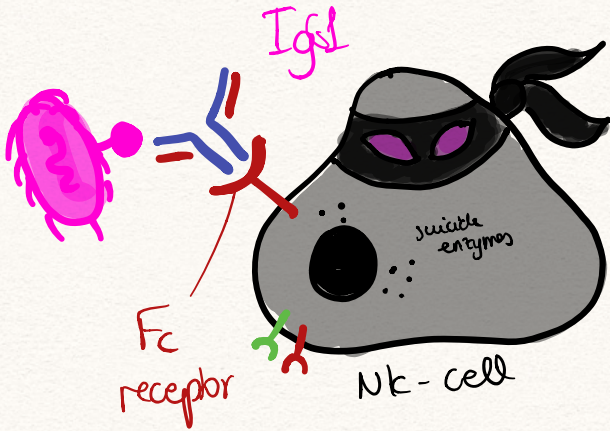
IgG-3



IgG3 = good complement fixer

C1 → C3

IgG-1



activates NK-cells by binding to both them and the pathogen

ADCC

Antibody Dependent Cellular Cytotoxicity

IgA

most abundant in BODY
= guards mucosal surfaces

clip shape:

- 1) facilitates transport across intestinal wall
- 2) resistant to enzymes & acids
- 3) has 4 Fab regions instead of 2 → can clump & expell pathogens

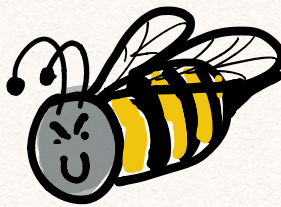


Contained in nursing milk



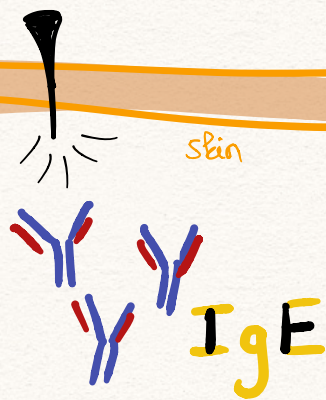
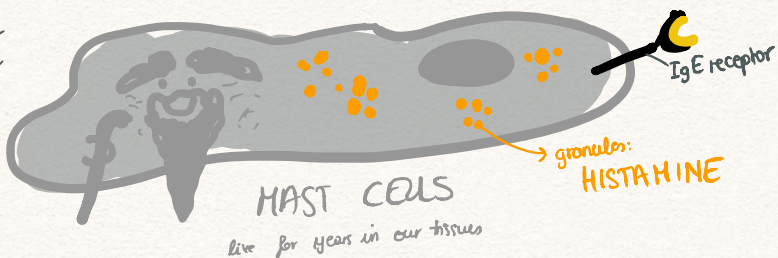
(to prevent constant gut inflammation)

IgE

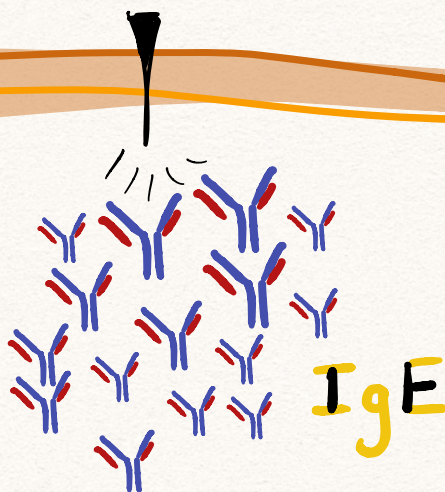
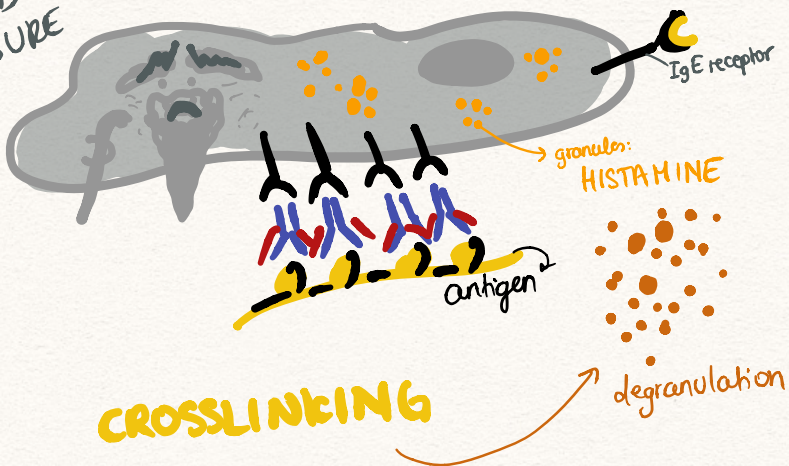


ANAPHYLAXIS

① FIRST EXPOSURE



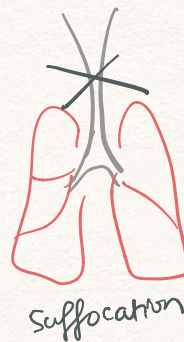
② SECOND EXPOSURE



HISTAMINE

fluid escapes from capillaries

windpipe smooth muscles contract



CLASS SWITCHING OF B-CELLS

IgM	<ul style="list-style-type: none"> - First type produced - activates complement - good opsonizer 	somatic hypermutation
IgG	<ul style="list-style-type: none"> - ok complement fixer - passes to fetus through placenta - helps NK cells ADCC - good opsonizer 	INF γ (bacteria & viruses)
IgA	<ul style="list-style-type: none"> - passes to baby in breastmilk - resistant to stomach acids - found in mucous membranes 	TGF β (Common cold)
IgE	<ul style="list-style-type: none"> - defends against parasites - causes allergies - causes anaphylactic shock 	IL-4 IL-5 parasites

Where do these cytokines come from then?

HELPER T CELLS

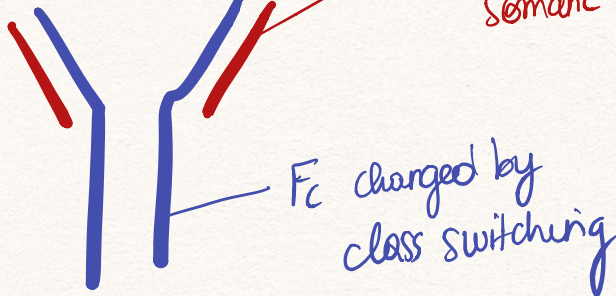
SOMATIC HYPERMUTATION

= the ability of the **V, D, J** regions of the DNA of selected B-cells, after their IgM stage to mutate their genes at a very high rate



= AFFINITY MATURATION

IN THE PRESENCE OF
HELPER T-CELLS,



(if B-cells are activated without helper T-cells, they generally don't undergo class switching or hypermutation)



CAREER CHOICE?

Plasma cell

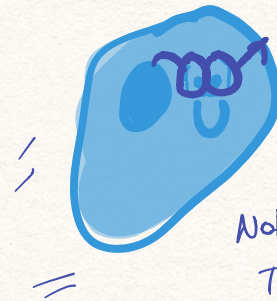
memory B-cell



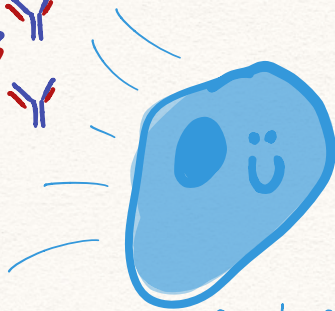
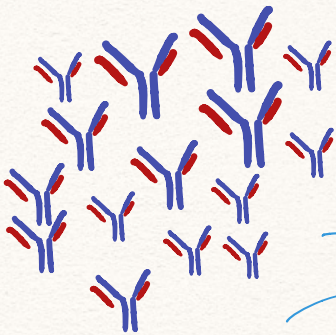
spleen



bone marrow



Not formed without T-cells though



~ few days



B-cells

pick mother/father chromosome combination of V, D, J, C for constant region F_c

pick combination for antigen binding region F_{ab}

wait in blood for encounter with antigen

antigen activates large group of antibodies on the surface

antigen activates some antibodies and co-activation with complement happens

T-cell receptor activated (protein)

mitogens attach many antigens together & activate B-cell uselessly

a lot of antigens activated & other signals from TLR received (carbohydrate)

cell produces IgM antibodies

class switching:

if $INF\gamma$ signal, IgG formed

if $TGF\beta$ IgA formed

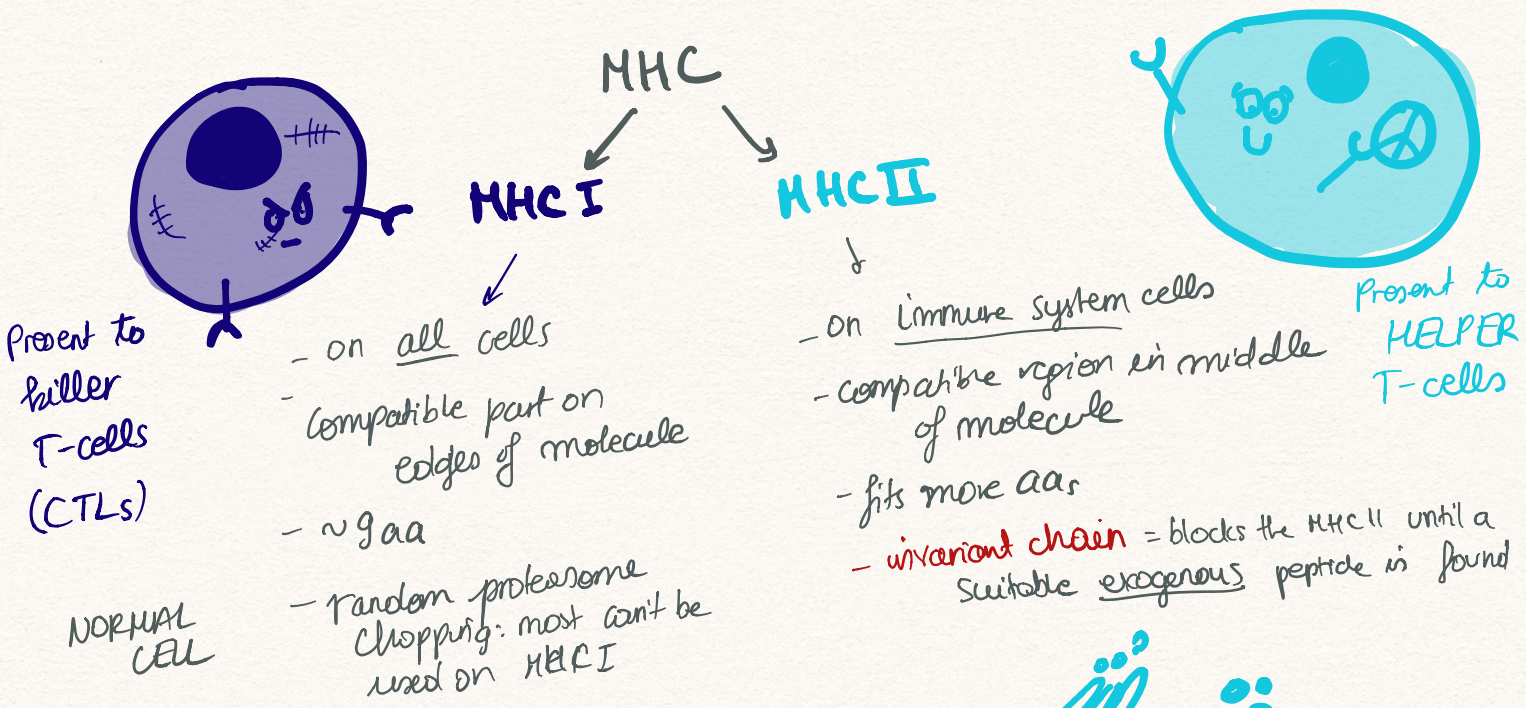
if IL4,5 IgE formed

+ somatic hypermutation occurs simultaneously

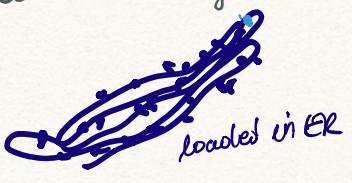
plasma cell

memory B-cell

ANTIGEN PRESENTATION



ANTIGEN PRESENTING CELL
 - proteasome chopping not random
 - preferentially cut after hydrophobic/basic regions = more shicker



endosome + phagosome
 + MHC II + invariant chain
 ↓
 presenter MHC II molecule to cytoplasm

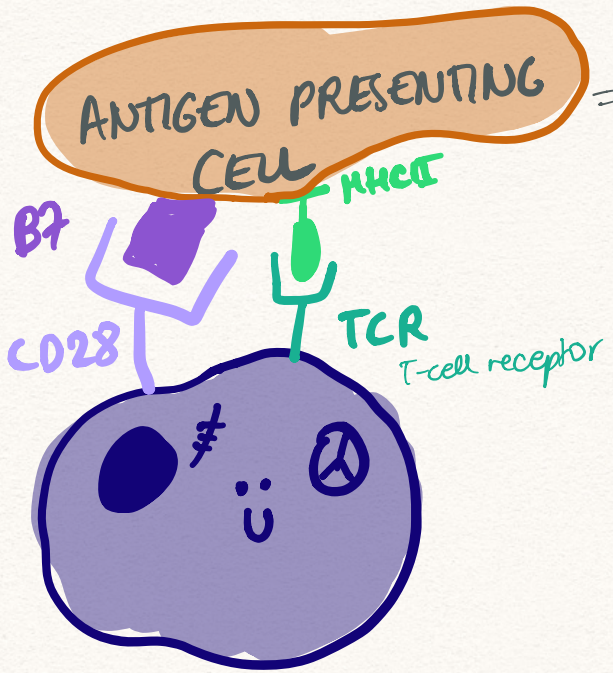
What is happening INSIDE cell

WHAT IS happening OUTSIDE cell

TO PRODUCE THEM:

- ① proteasomes cleave old/unfoldable/misfolded proteins
- ② peptide chain transported to the ER by TAP transporters
- ③ binding of the peptide to the MHC I molecule
- ③ transported to Golgi, to endosome, invariant chain removed, exogenous peptides added → formed MHC II molecule

= separate loading pathways for MHC I - MHC II




= a cell equipped to provide both MHC I - MHC II display & co-stimulation to activate a killer/helper T-cell

= T-CELL ACTIVATOR

(in contrast, a normal cell cannot activate a T-cell, it can just alert it)

- T-cell receptor connected to MHC II
- CD28 receives a B7 co-stimulatory signal

- | | | | |
|-------------|-----------------|--|-----|
| ① Activated | dendritic cells |  | 1st |
| ② Activated | macrophages |  | 2nd |
| ③ Activated | B-cells |  | 3rd |

Can't kill



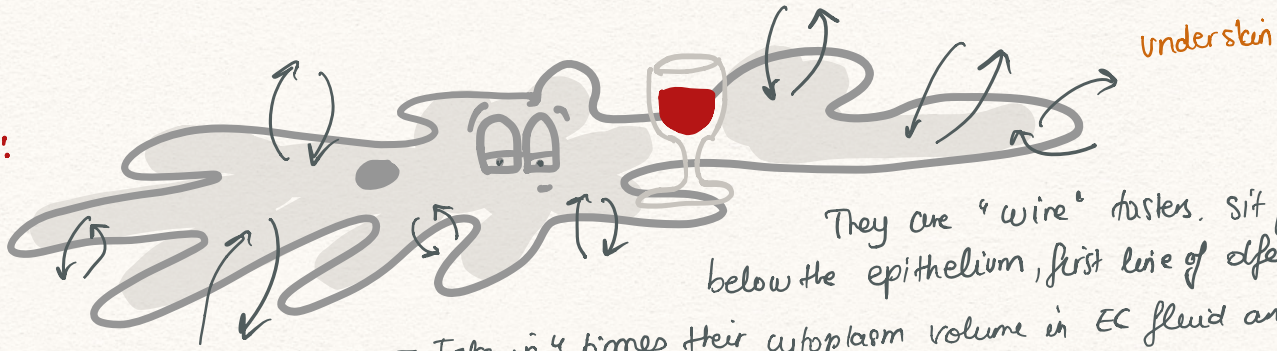
photograph
"what's going on"

DENDRITIC CELLS

! Distinguish from plasmacytoid dendritic cells: interferon α, β produces \rightarrow these are very different cells!

most important ANTIGEN PRESENTING CELL because they activate virgin T-cells (which need a LOT of receptor cross-linking and stimulation to be activated)

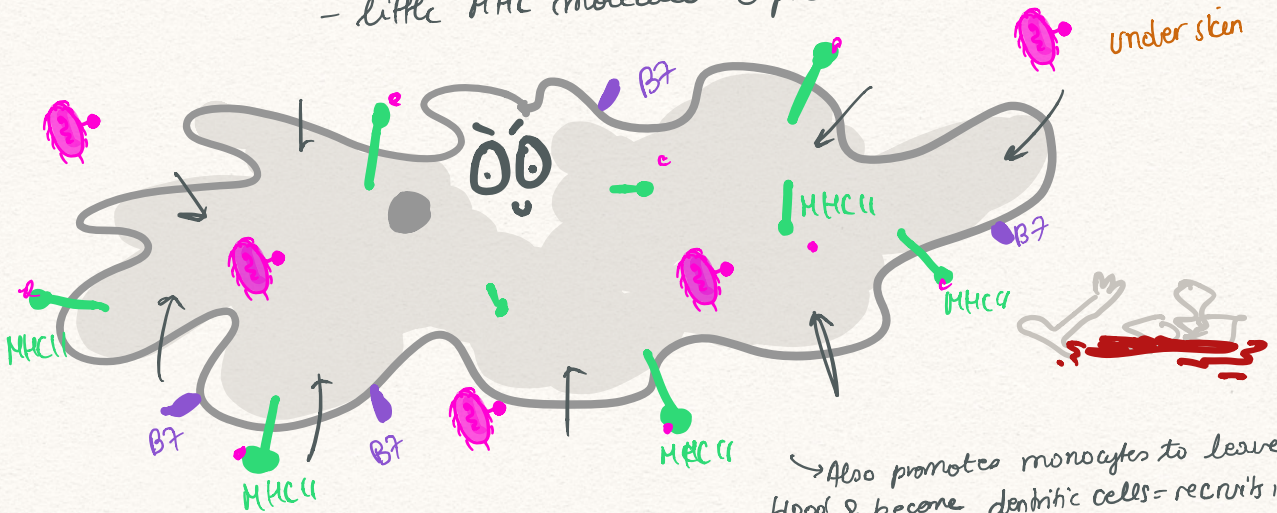
①
when resting:



They are "wire" tasters. Sit just below the epithelium, first line of defence

- Take in 4 times their cytoplasm volume in EC fluid and just spit it out
- little MHC molecules expressed

②
Under attack
 \downarrow
activation



\rightarrow Also promotes monocytes to leave blood & become dendritic cells = recruits its replacements

③

travels to nearest lymph node

\sim 1 day

STOPS SAMPLING

= a snapshot of what was going on at the site of infection

nr. of activated dendritic cells in lymph nodes

\propto

to severity of attack!

completely loaded with:

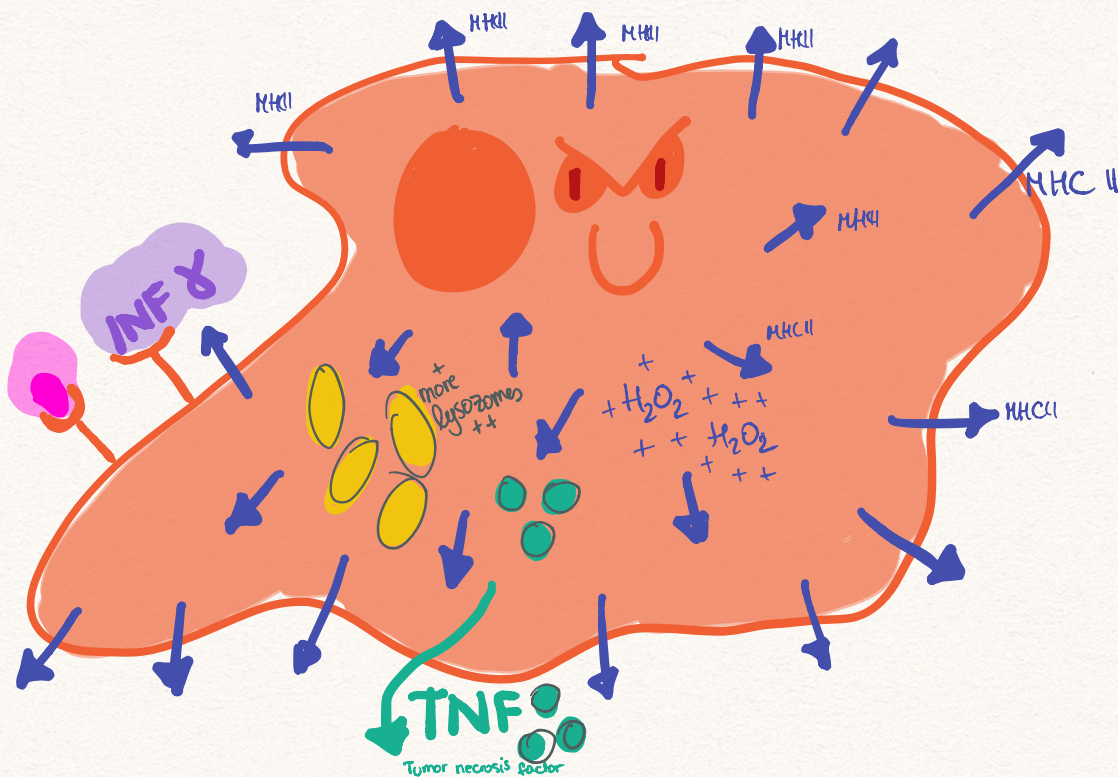
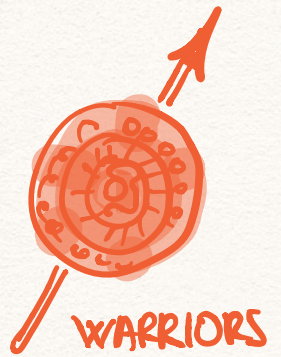
- MHC I
- MHC II
- B7 proteins

Can't travel

MACROPHAGES

~ to dendritic cells, but → depend on signals to start displaying MHC II molecules (INF γ)

Restimulate activated T-cells on site
(in contrast, dendritic cells activate virgin T-cells)
at lymph nodes



B-Cells

Virgin ↙
Unactivated:
= few MHCII molecules

↘ experienced
Activated:
= many MHCII molecules
+ B7 proteins

* THEY CAN CONCENTRATE ANTIGEN
— which the other cells can't do

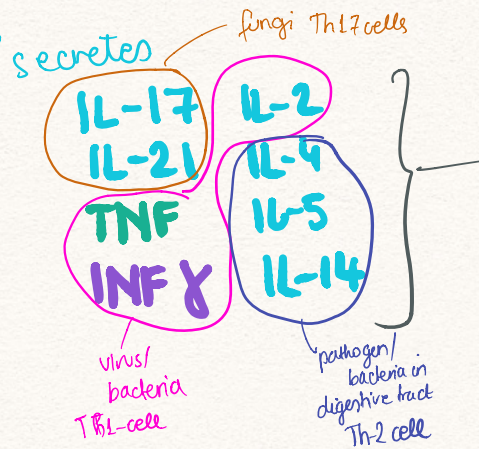
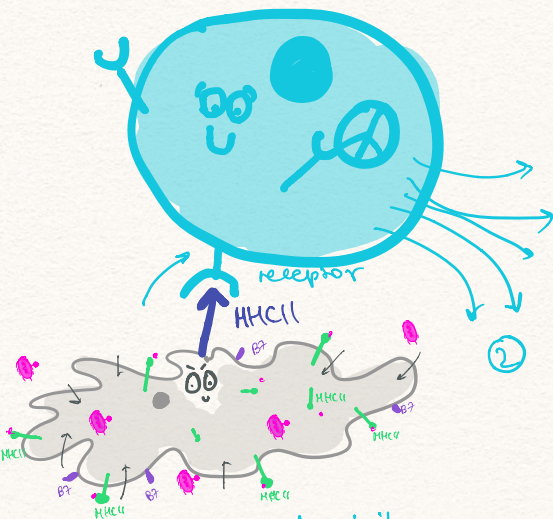
① DENDRITIC → first to encounter, be activated, and activate T-cells

② MACROPHAGES → are on the front lines so can keep T-cells activated

③ B-CELLS → later on (virgin) / early (experienced)
can activate many T-cells fast

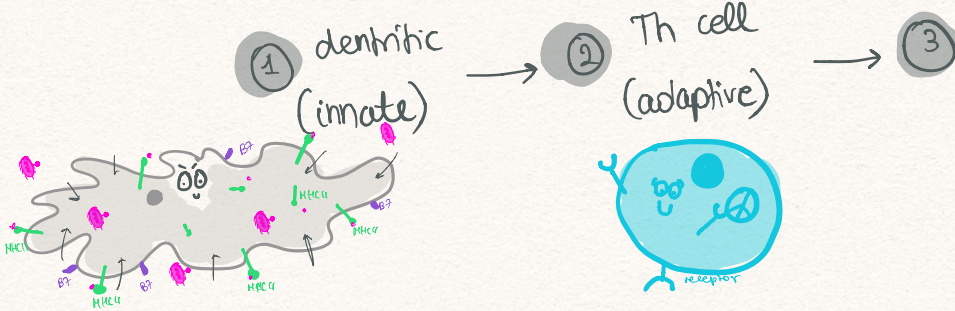
HELPER T-CELLS

= secretors

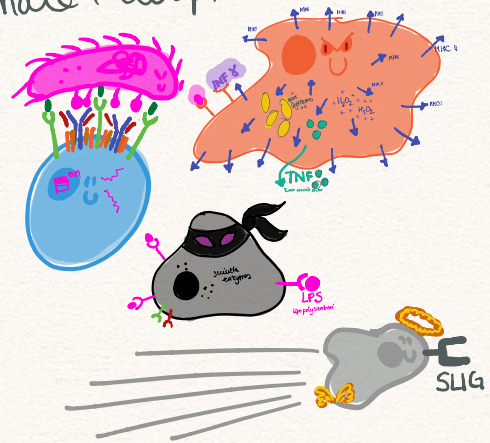


These are the cytokines which activate other cells and regulate the immune response

① activated dendritic cell activates Helper T-cells from naive/resting → active

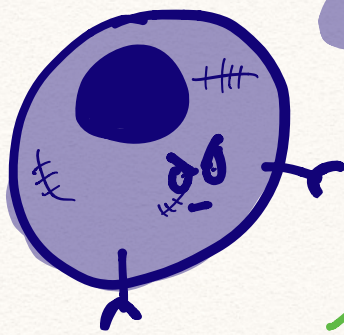


Nk-cells, neutrophils
B-cells, macrophages
(innate + adaptive)

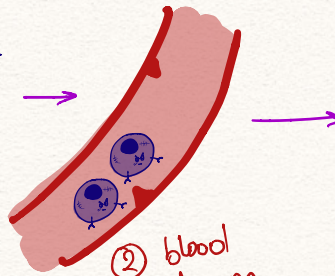
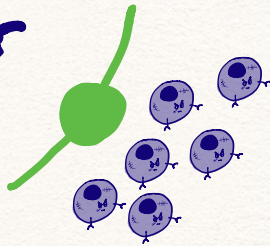


So the innate immune system recognizing a threat is essential to the adaptive immune system being activated: without this there will be no T_H cell activation and therefore, no response

CYTOTOXIC T-CELLS



① lymph proliferation



② blood stream to infection

③ leaves blood to tissue for attack

- ① binds to FasL receptor on target cell
- ② causes target cell to die by apoptosis

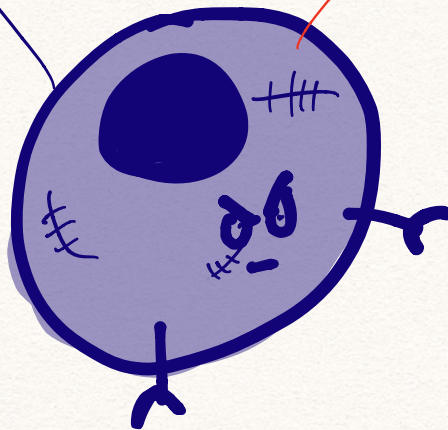
Fas L
Fas ligand L



- ① Identification by T-cell TCR
- ② binds to the cell via adhesion molecules
- ③ a mixture of perforin and granzyme B are given to the target cell
- ④ perforin forms holes in the endocytosomal vesicle
- ⑤ GRANZYME B causes cell death by apoptosis

perforin
~ C9 complement

TARGETED



Apoptosis VS. Necrosis
 Apoptosis = controlled cell death, toxic substances packaged & then taken away by macrophages, no damage to other cells
 Necrosis = uncontrolled cell death, damage, sometimes inner cell parts leak out and cause damage to the surrounding cells
 ⚠️ dangerous

APOPTOSIS: any viral DNA is also killed with the rest of the cell by macrophages

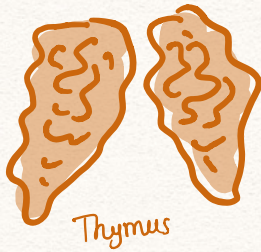
→ highly controlled cell death

SECONDARY LYMPHOID ORGANS

① Primary lymphoid



Bone marrow



Thymus

1) production
2) maturation

Bring lymphocytes & antigen-presenting cells close together in an environment that maximizes the chance that the right B&T cells are activated

② Secondary lymphoid organs

local pathogen entry



lymph nodes

breathed in pathogens



tonsils

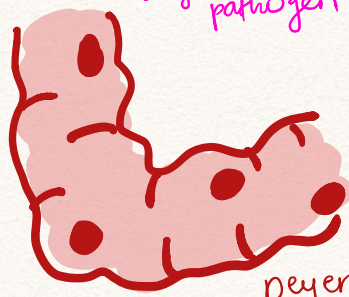
blood-borne pathogen



spleen

→ no incoming lymphatics!
→ no high endothelial venules!

ingested pathogen



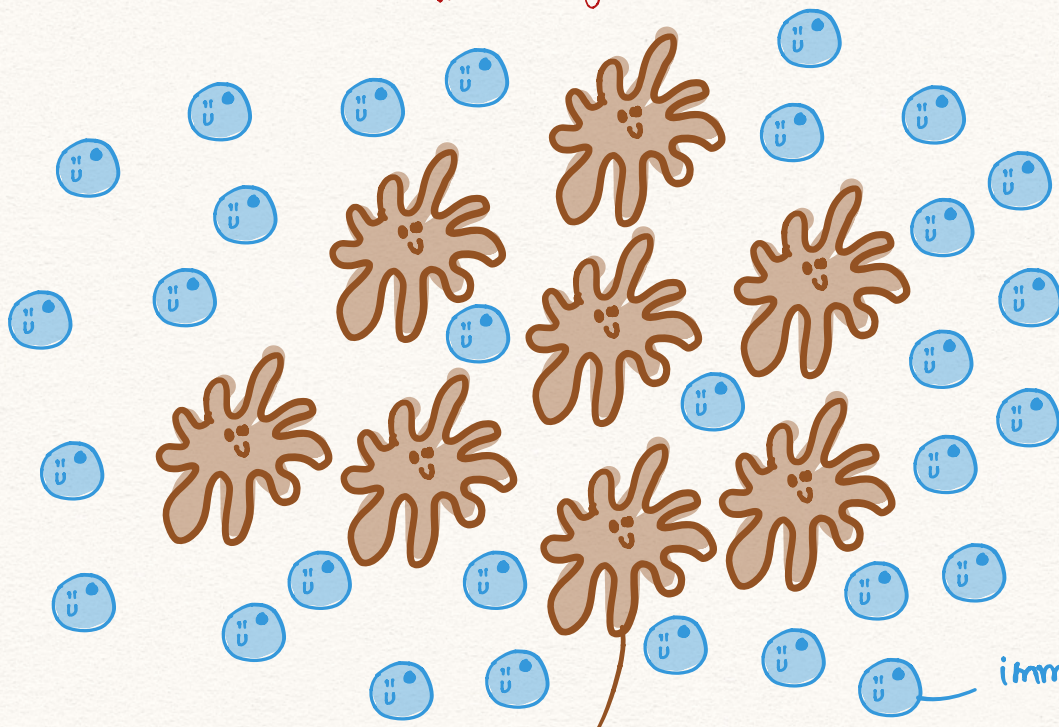
peyer's patches

~200 in body

MALT

mucosa associated lymphoid tissue

What do they look like?

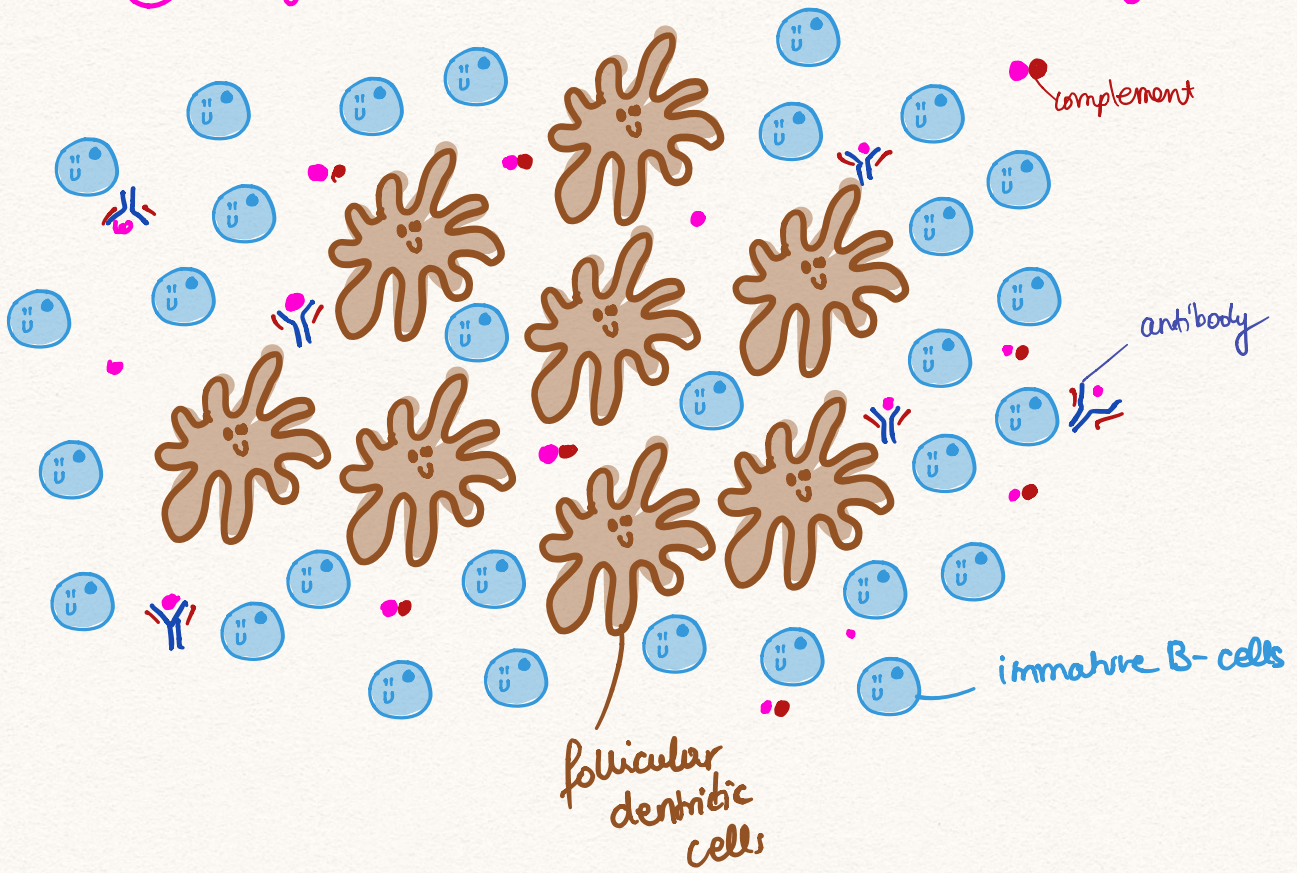


Lymph node cortex

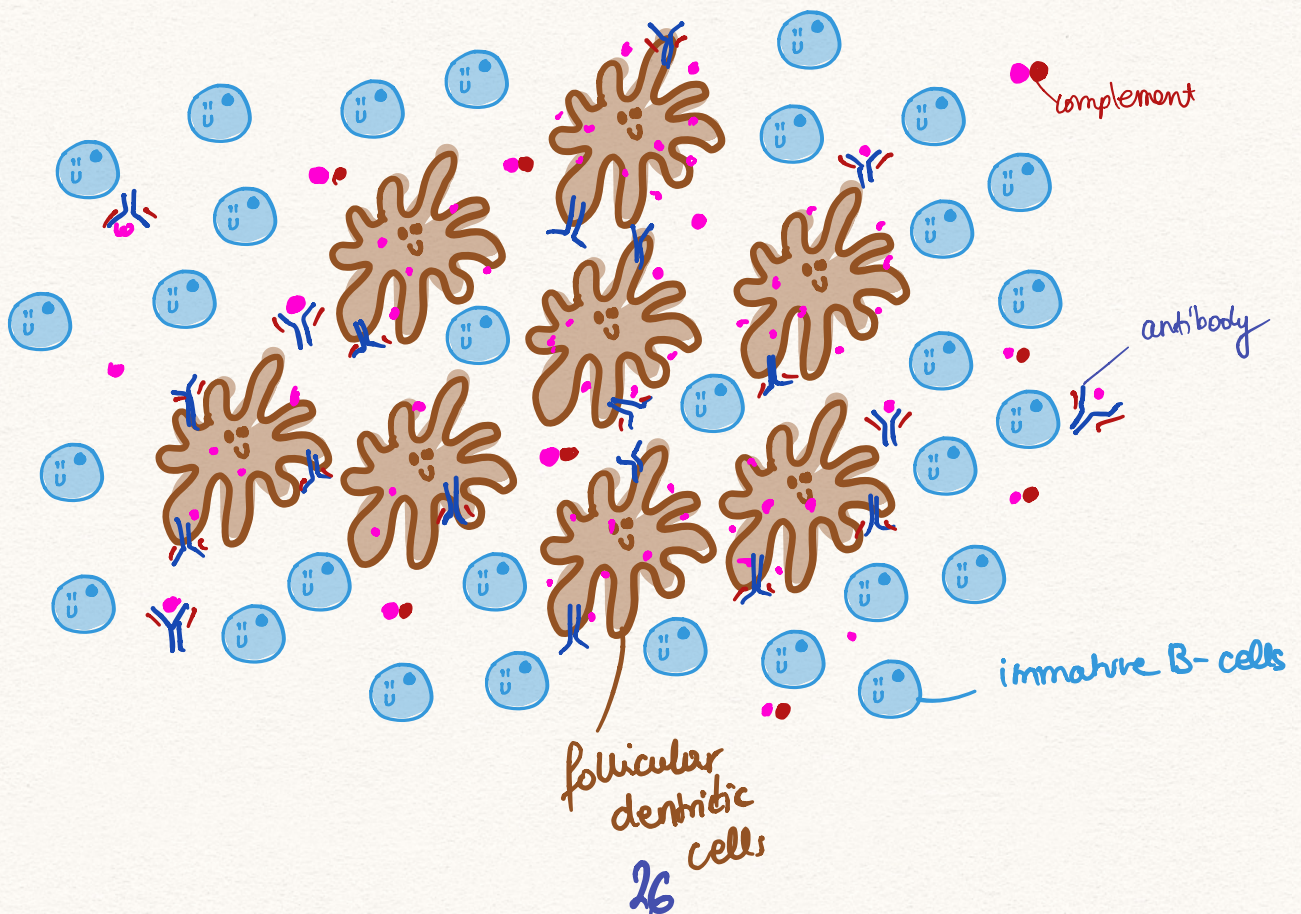
immature B-cells

follicular dendritic cells : always there, from early fetal stages, antigen presenters

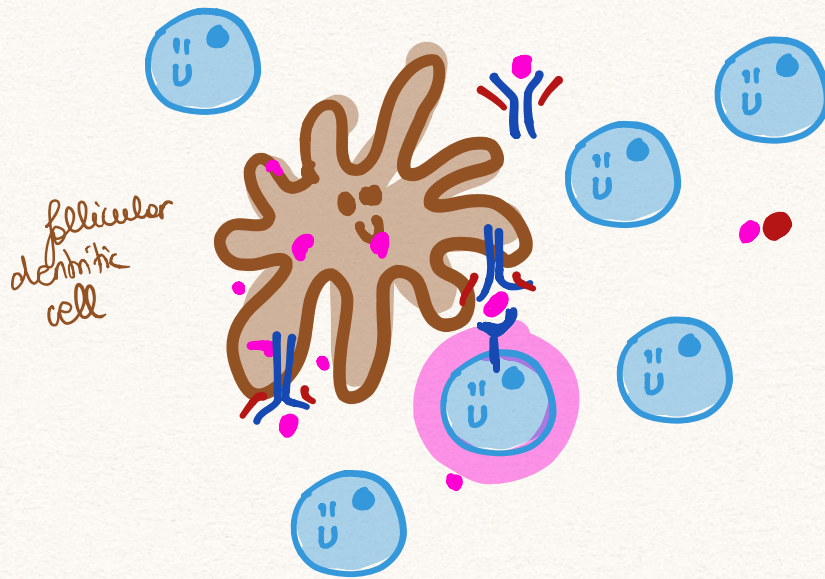
① Antigens pass through secondary lymphoid organs



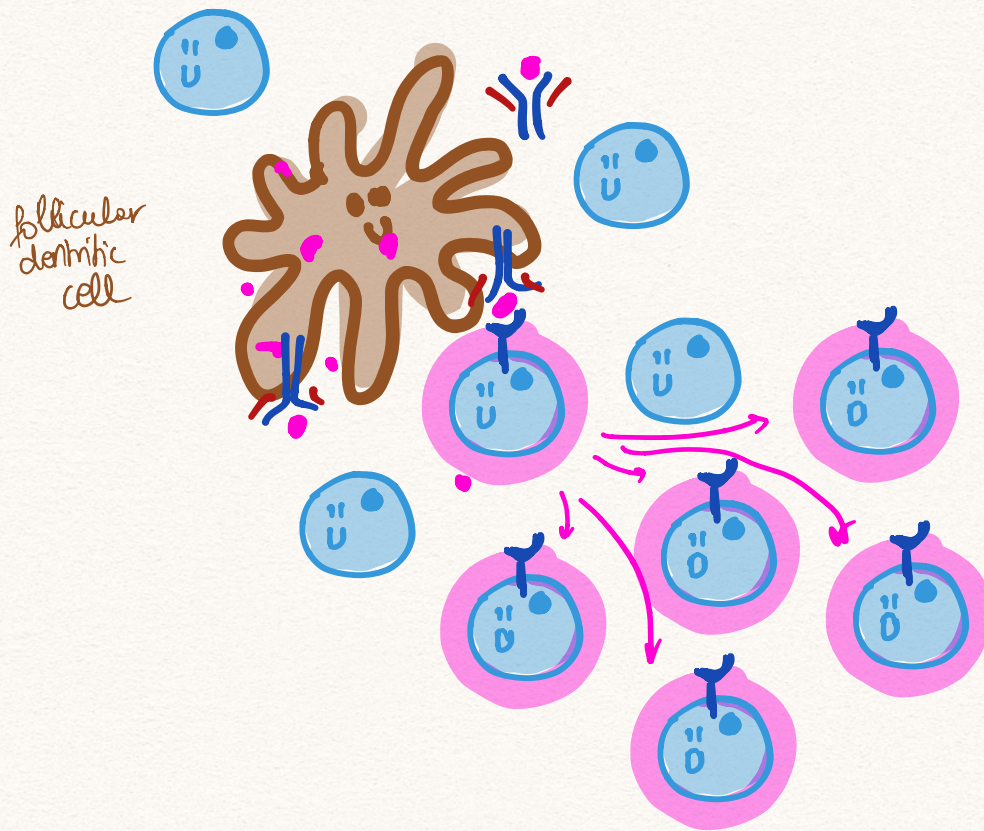
② Antigens can bind to follicular dendritic cells



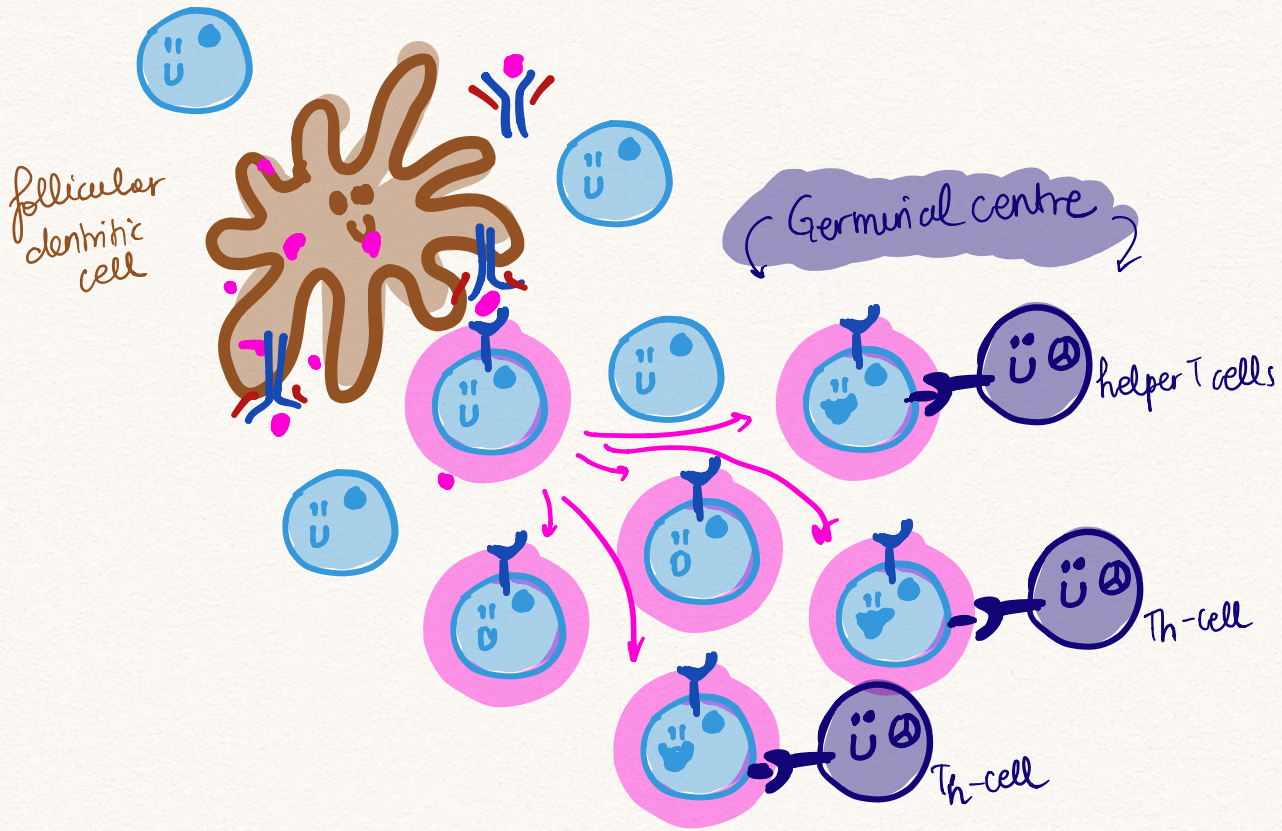
③ A B-cell which recognizes its antigen becomes activated



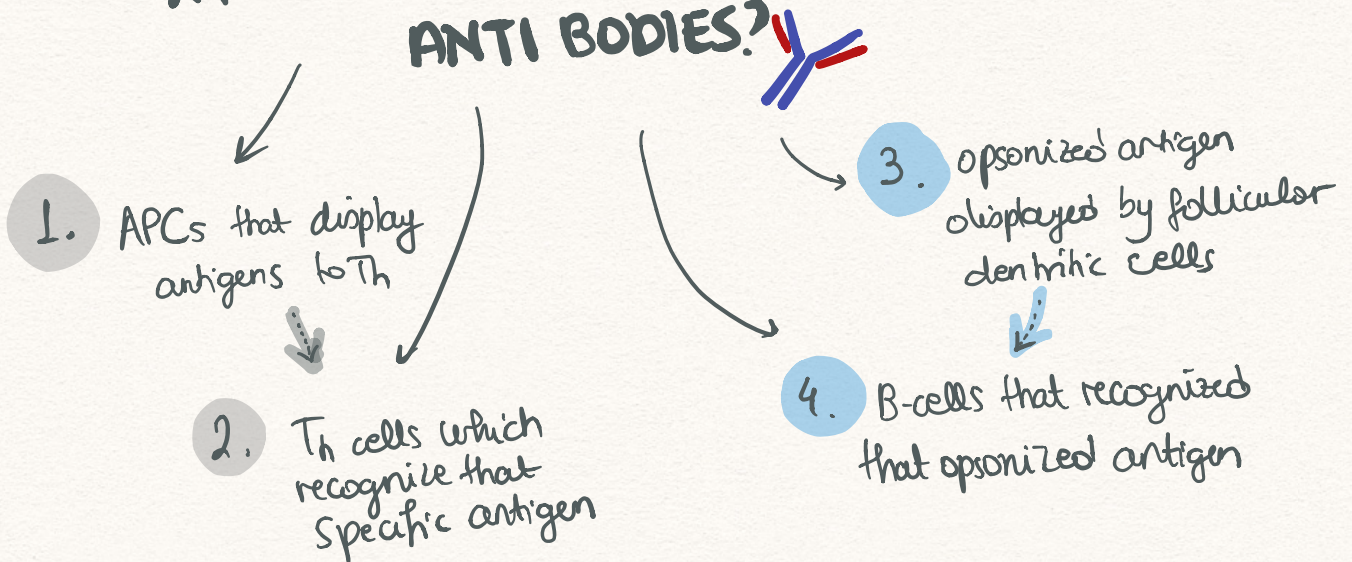
④ The activated B-cell will start proliferating, but it's B-cells could die



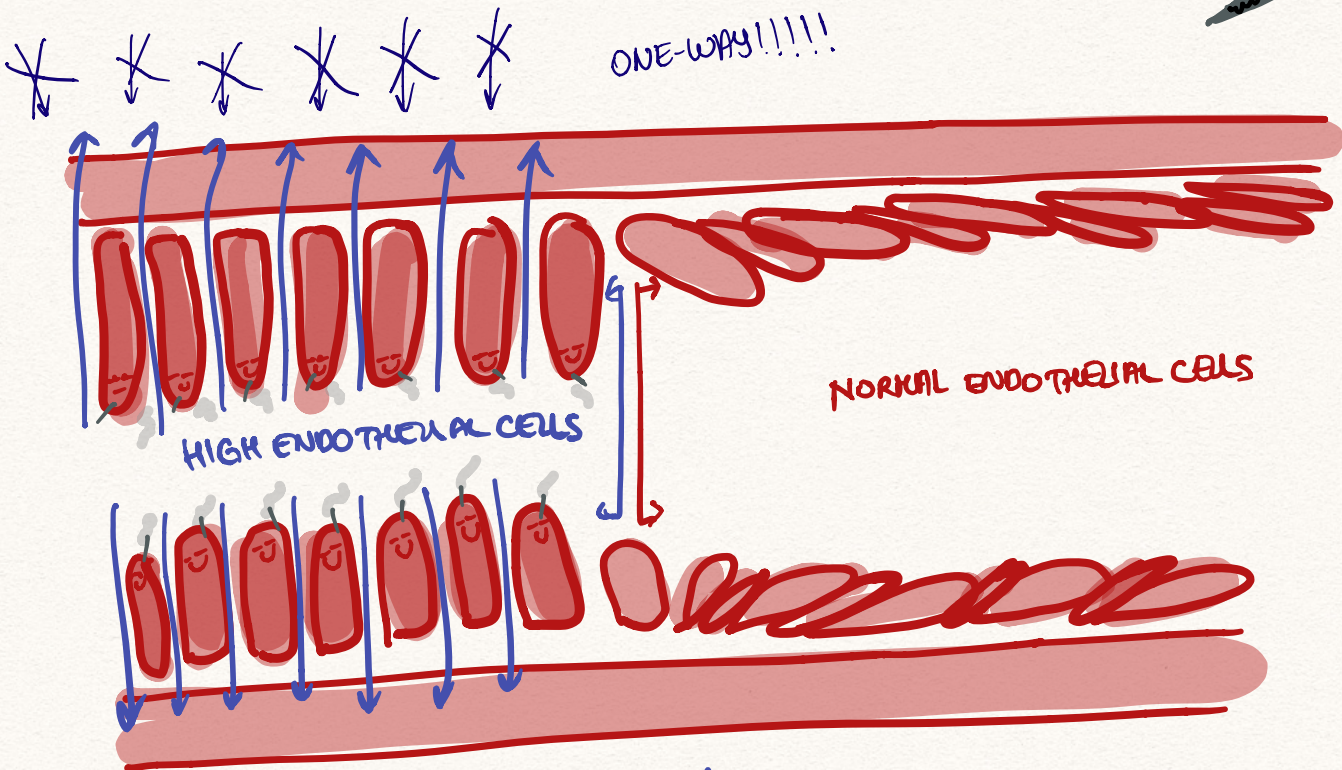
⑤ If the right T-cell comes along, it will bind to the B-cells, saving them from dying, and making them proliferate, somatic hypermutate, class switch



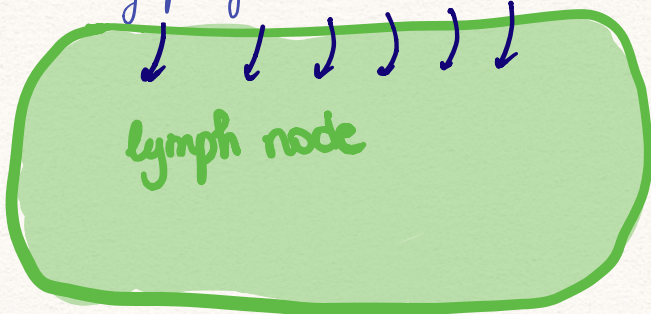
WHAT IS NEEDED TO PRODUCE ANTI BODIES?



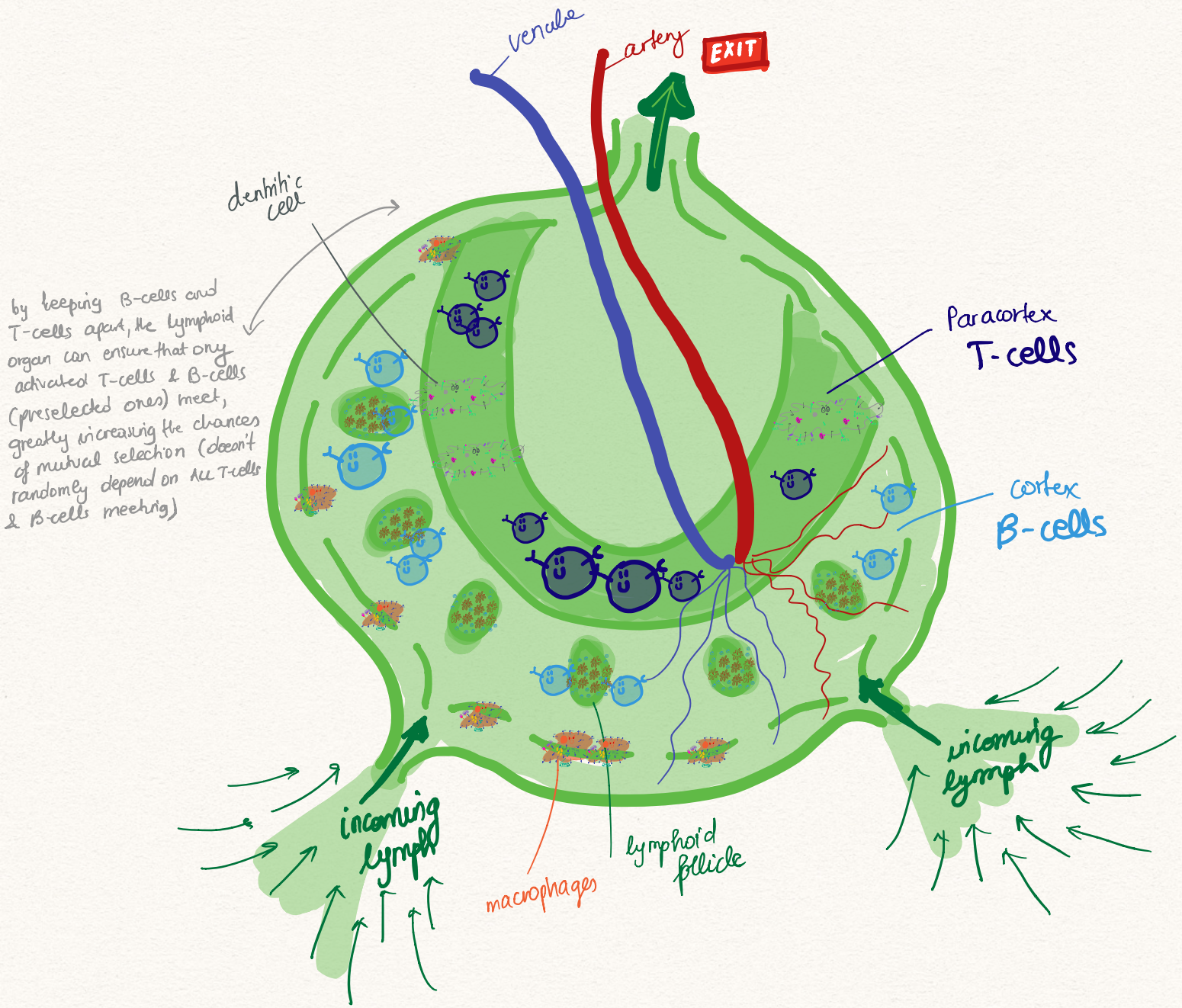
HIGH ENDOTHELIAL CELLS



lymphocytes can easily pass through



LYMPH NODES



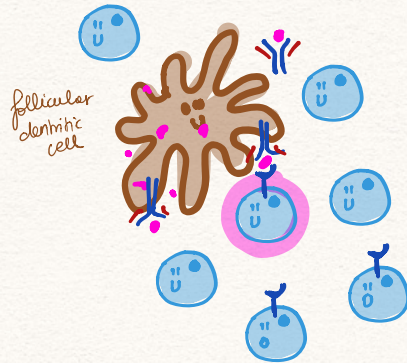
by keeping B-cells and T-cells apart, the lymphoid organ can ensure that only activated T-cells & B-cells (preselected ones) meet, greatly increasing the chances of mutual selection (doesn't randomly depend on ALL T-cells & B-cells meeting)

immune cells can enter via lymph capillaries but can only exit through the node!

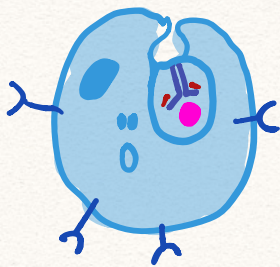
chemokines are produced (eg. by follicular dendritic cells) that attract cells to their locations (B-cells in this case)

B-CELL ACTIVATION

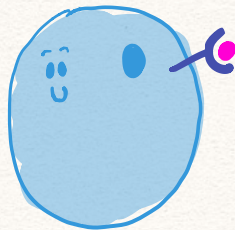
- ① B-cell receptor BCR recognizes its cognate antigen presented on the surface of a follicular dendritic cell



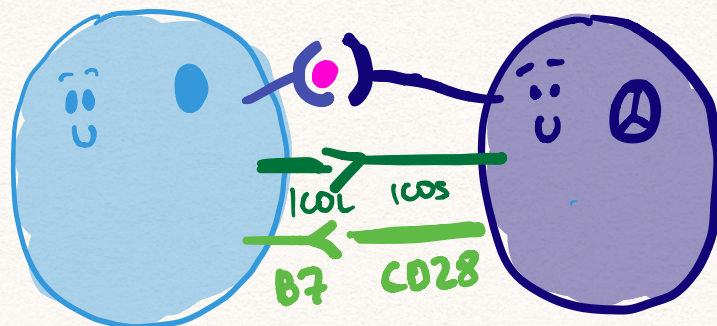
- ② B-cell takes in (phagocytosis) the antigen from the follicular dendritic cell and processes it



- ③ B-cell presents antigen on its MHCII molecules

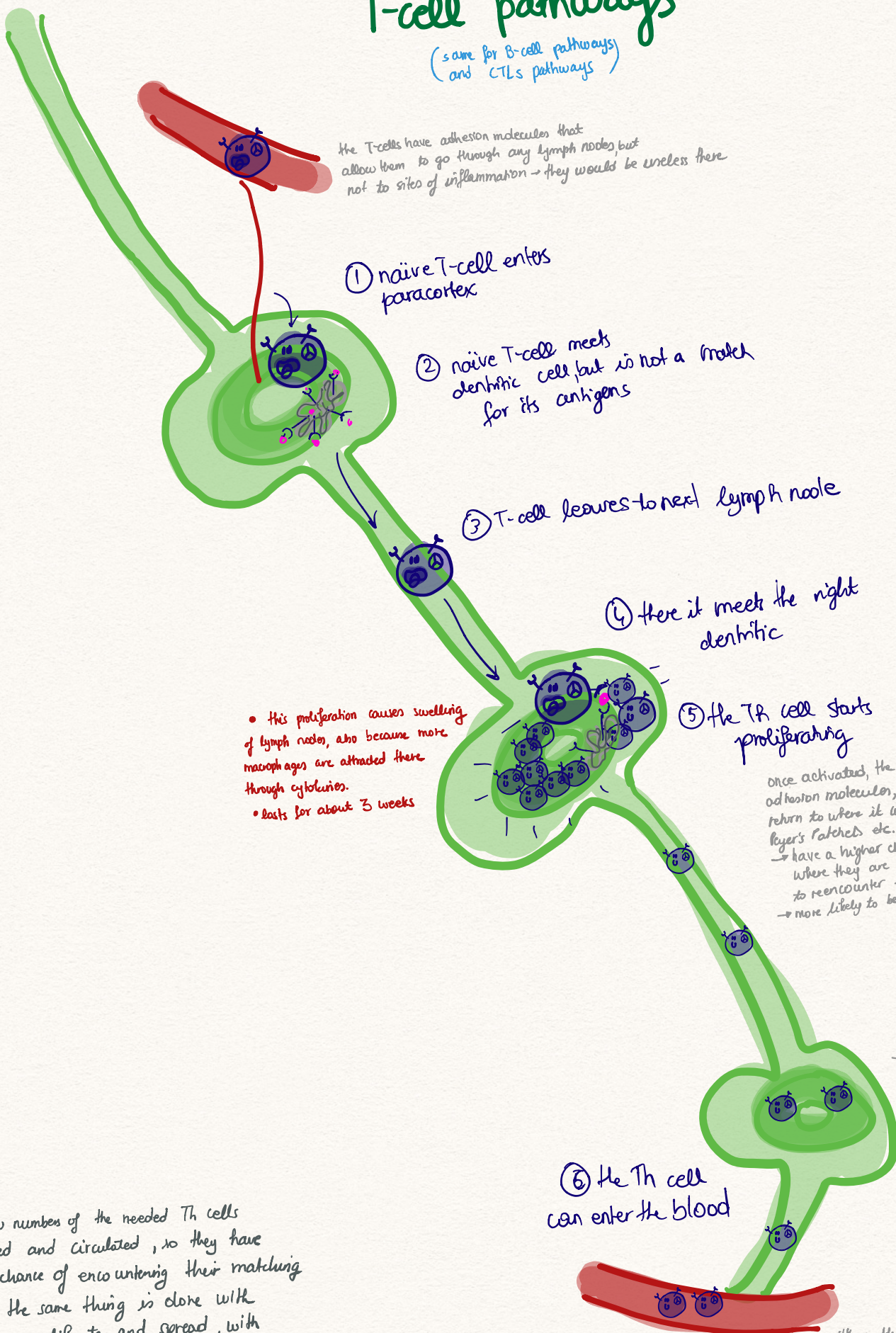


- ④ B-cell and Th cell co-activate each other



T-cell pathways

(same for B-cell pathways and CTLs pathways)



The T-cells have adhesion molecules that allow them to go through any lymph nodes but not to sites of inflammation → they would be useless there

① naïve T-cell enters paracortex

② naïve T-cell meets dendritic cell, but is not a match for its antigens

③ T-cell leaves to next lymph node

④ here it meets the right dendritic

⑤ the Th cell starts proliferating

- this proliferation causes swelling of lymph nodes, also because more macrophages are attracted there through cytokines.
- lasts for about 3 weeks

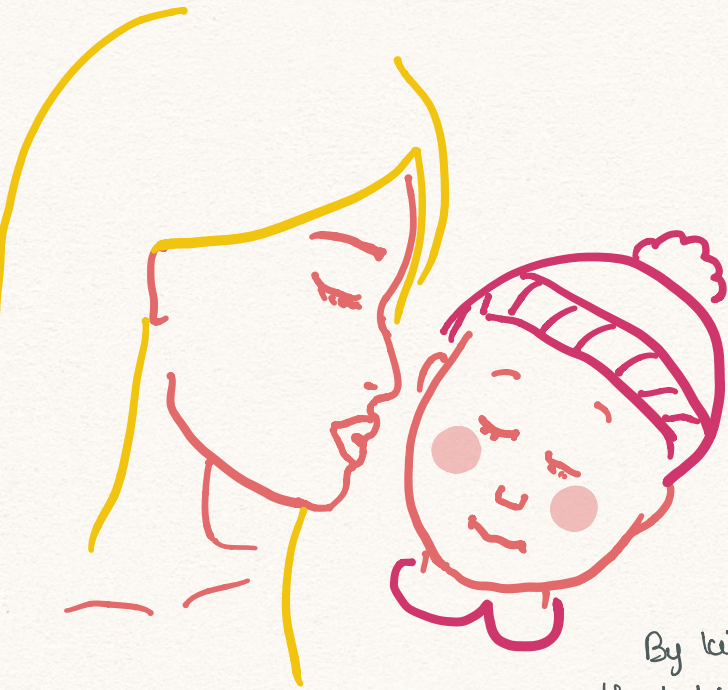
once activated, the T-cell expresses different adhesion molecules, so it can preferentially return to where it was activated: spleen, Peyer's patches etc.
 → have a higher chance of returning to where they are most needed / most likely to reencounter the antigen that activated it
 → more likely to be reactivated

→ B-cells, unlike T-cells usually don't leave, they settle in secondary lymphoid organs & let their antibodies travel

⑥ the Th cell can enter the blood

They can use the "roll, sniff, slip exit" method to leave the blood and enter tissues where needed

This is how numbers of the needed Th cells are increased and circulated, so they have a higher chance of encountering their matching B-cell → the same thing is done with B-cells to proliferate and spread, with follicular dendritic cells instead of dendritic cells



Why do mothers kiss their babies?

A baby does not efficiently produce antibodies yet.

IgG antibodies → given through placenta
IgA antibodies → given through breastmilk

By kissing the baby, the mother samples antigens near the babies mouth → the same ones that the baby would ingest → so the mother starts producing IgA antibodies for those antigens → which are then passed on through the breastmilk

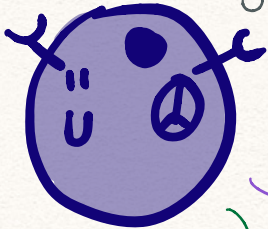


T-regulatory Cells

- Stop the immune reaction once battle won
- Stop unnecessary/too strong immune reactions

Th cells → induce immune response ↑↑

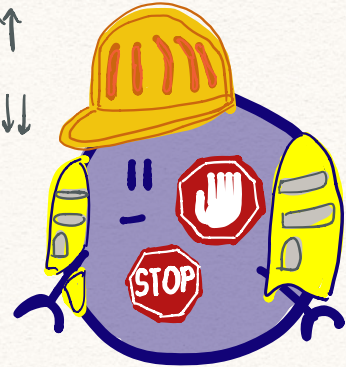
Treg cells → dampen immune response ↓↓



Th helper cell

TNF

INF γ



Treg cell

IL-10

TGF β

keeps the immune system from overreacting

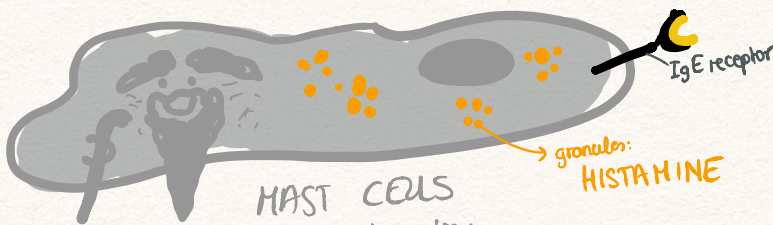


IL-10 → Blocks co-stimulatory signals (B7) and makes it harder for naive T-cells to be activated



TGF β → reduces T-cell proliferation rate
→ makes CTLs less potent killers

ESPECIALLY IMPORTANT FOR

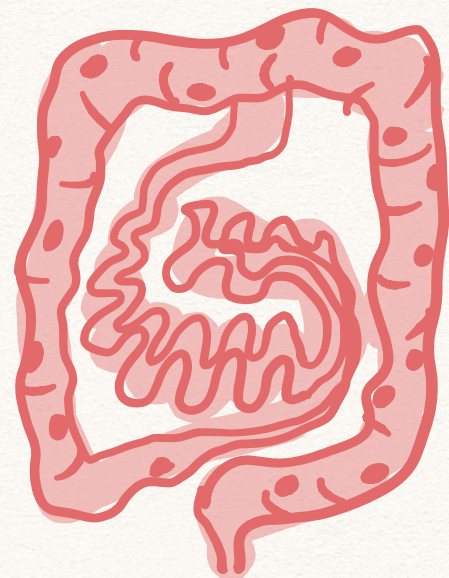


MAST CELLS

live for years in our tissues

ALLERGIES

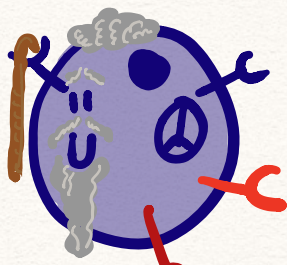
prevent mast cell degranulation



INTESTINES

prevents overreaction of immune system to helpful gut flora

Important mechanism by which T-cells (Th/CTLs) are naturally deactivated:

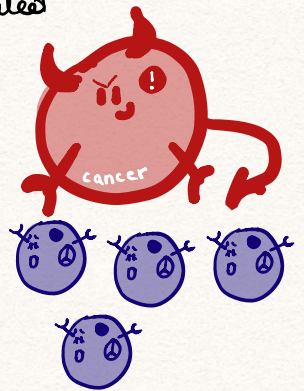


competes with CD28 for B7 → instead of increasing the affinity for activation of the cell, there is a lower chance for it to be activated

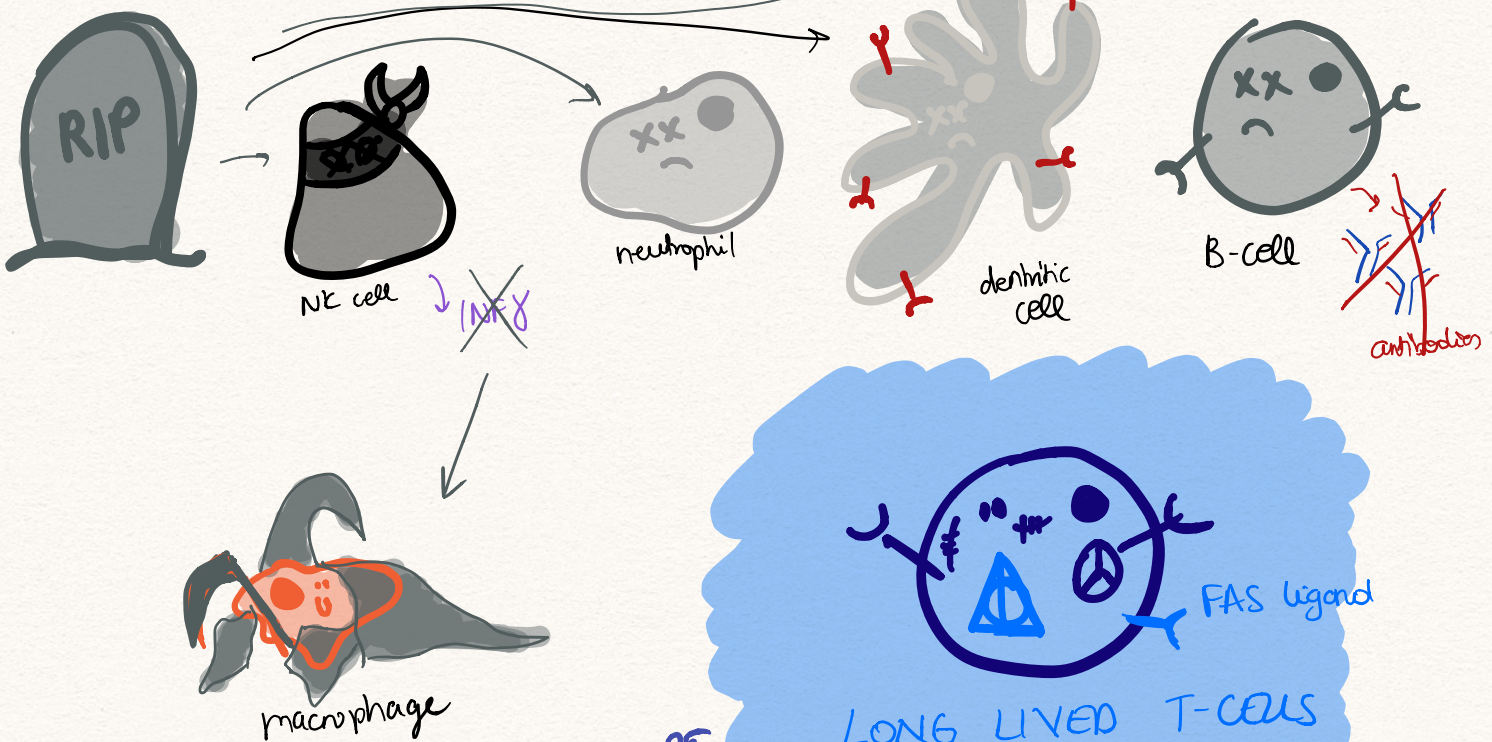
PD-1 ← inhibits proliferation of activated T-cells, activated by PD-1 ligands, programmed death 1

The older T-cells get, the more they express CTLA-4 and PD-1 molecules on their surface, and the higher the chance they become deactivated

⚠ cancer cells also express ligands for these two receptors, so they deactivate cells



Life expectancies:

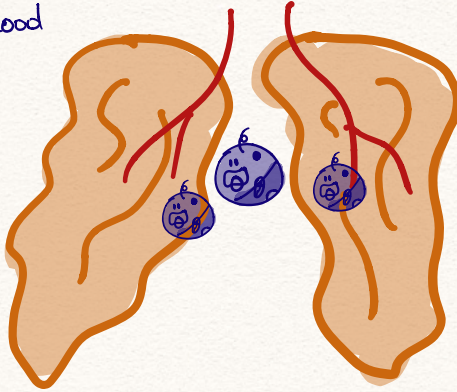


→ cell death by apoptosis the more they are triggered

T-cell Maturation

① T-cells enter Thymus from blood

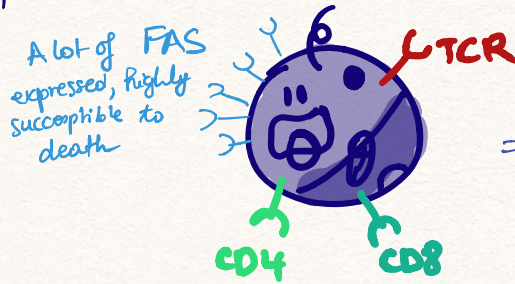
"Naked" T-cell
no CD4
no CD8
no TCR



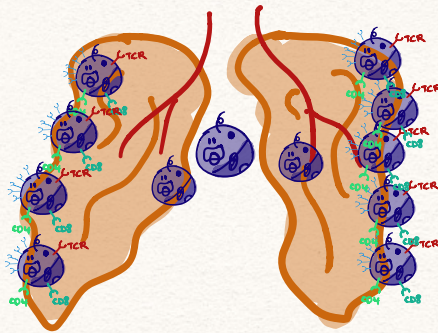
Immortal cell because no FAS expressed!

no incoming lymphatics

② a successful T-cell produces both a functional TCR, and CD4 and CD8

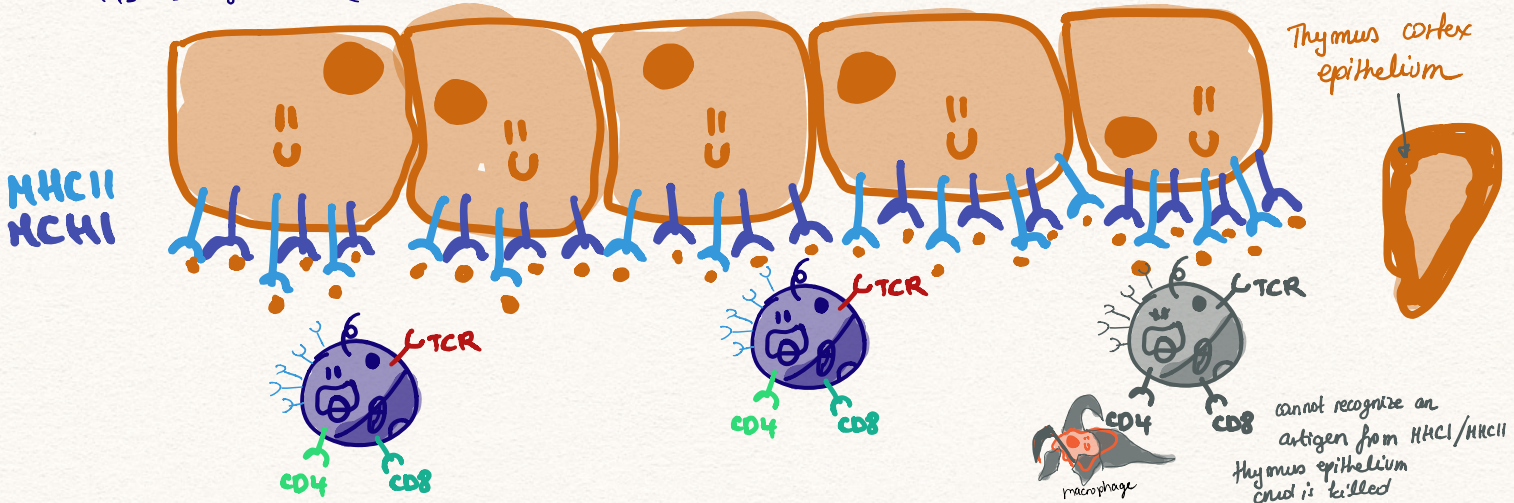


= double positive cell
DP cell



Proliferation of T-cells in
CORTEX of
thymus

③ Thymus cortex epithelium displays both class I and class II MHC molecules on its surface (MHC II use parts of the own cells cytoplasm processed by lysosomes)



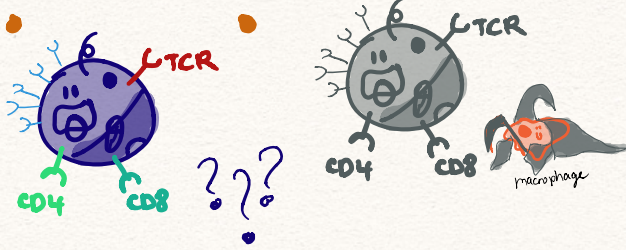
POSITIVE SELECTION
CORTEX

POSITIVE SELECTION?

Can you recognize class I and II MHC molecules?

What is the importance of positive selection?

TCR are made like BCR → so some will be able to recognize un-presented antigens → we don't want these
 → so the point is to select for T-cells which are able to FOCUS only on PRESENTED antigens by MHC molecules



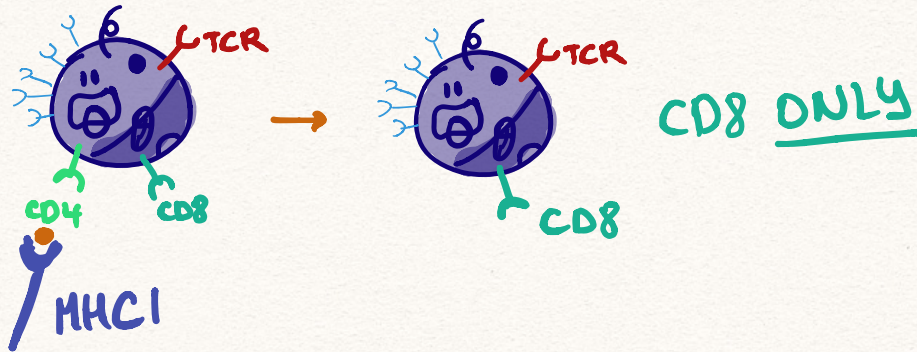
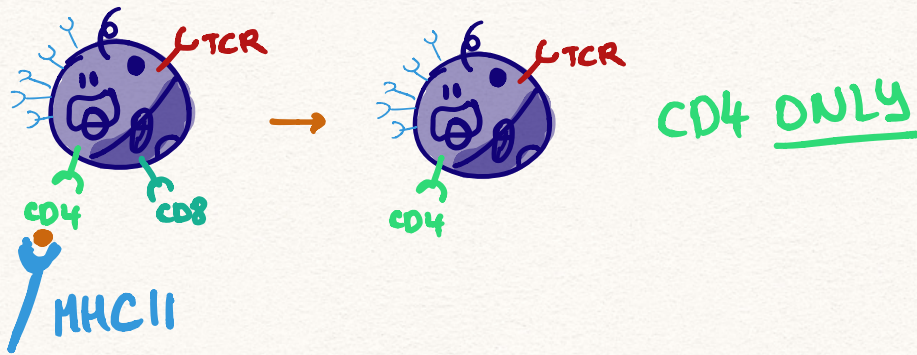
④ The selected cells

- TCR
- CD8
- CD4

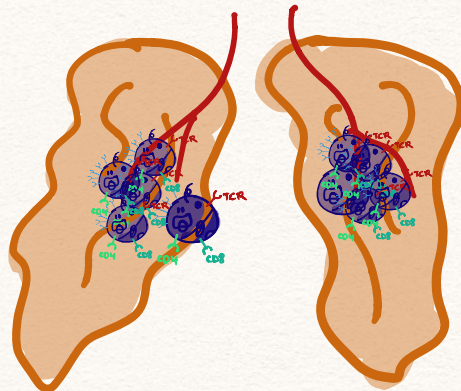
and able to recognize

- MHC I
- MHC II

start to change



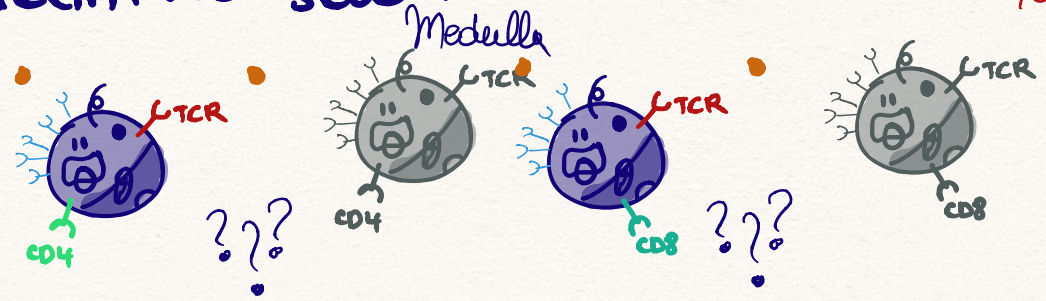
⑤ Now a test to recognize self is done: **NEGATIVE SELECTION**
 Medulla



in MEDULLA

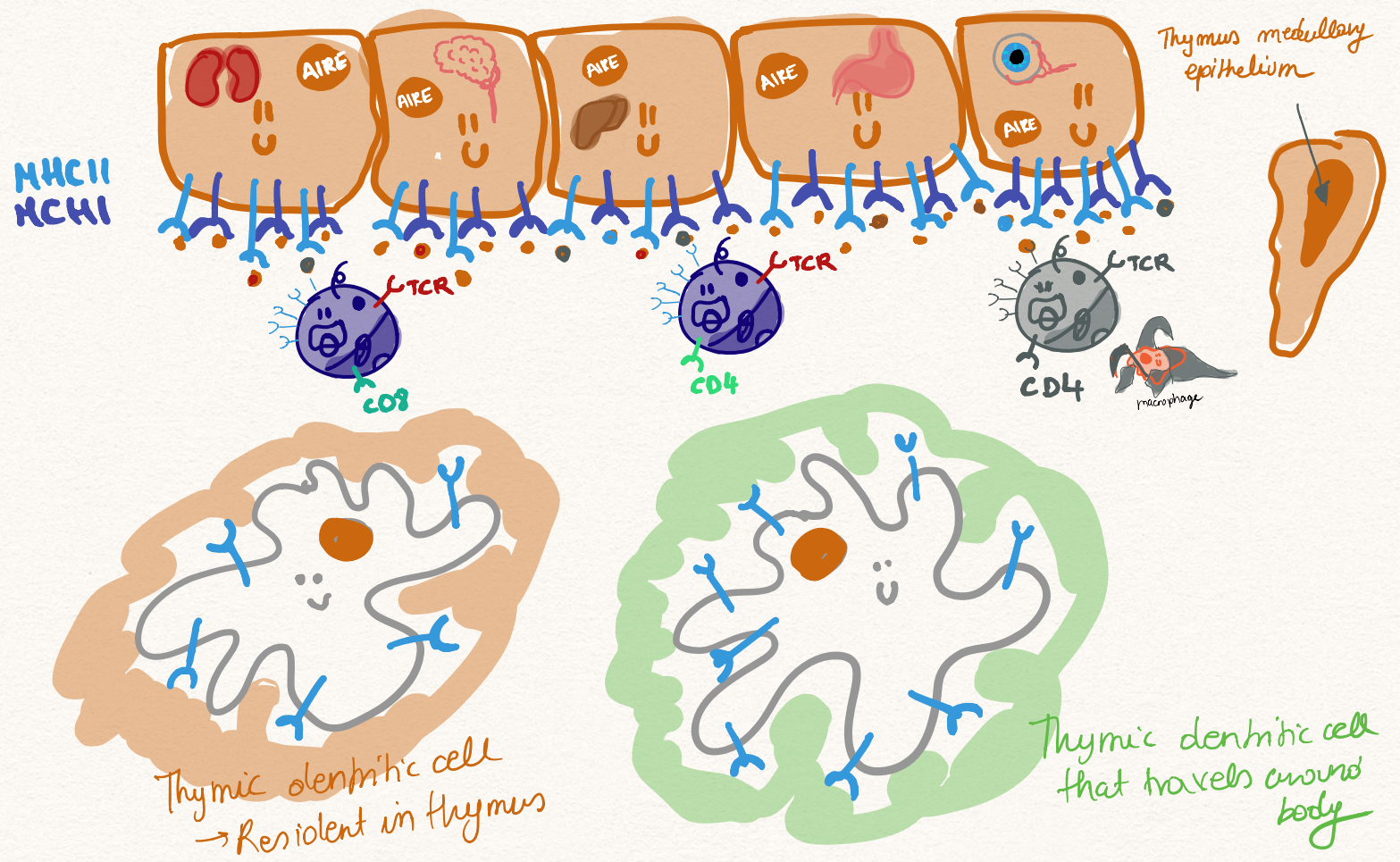
NEGATIVE SELECTION

Can you recognize self peptides on the MHC molecules?
 Yes? → Death.



Prevents autoimmune disease through CTLs or T_H cells which would attack own body as though it were an antigen.

⑥ Thymus medullary cells display not only the protein fragments of epithelial cells, but they also express those of cells from specialised tissues all around the body, due to a special transcription factor, AIRE → displaying them on both MHC I and MHC II proteins

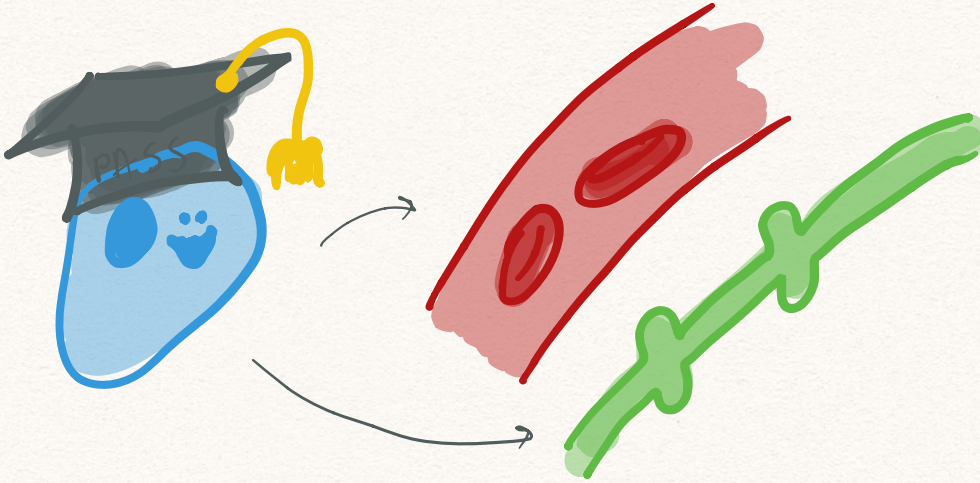


B-cell training



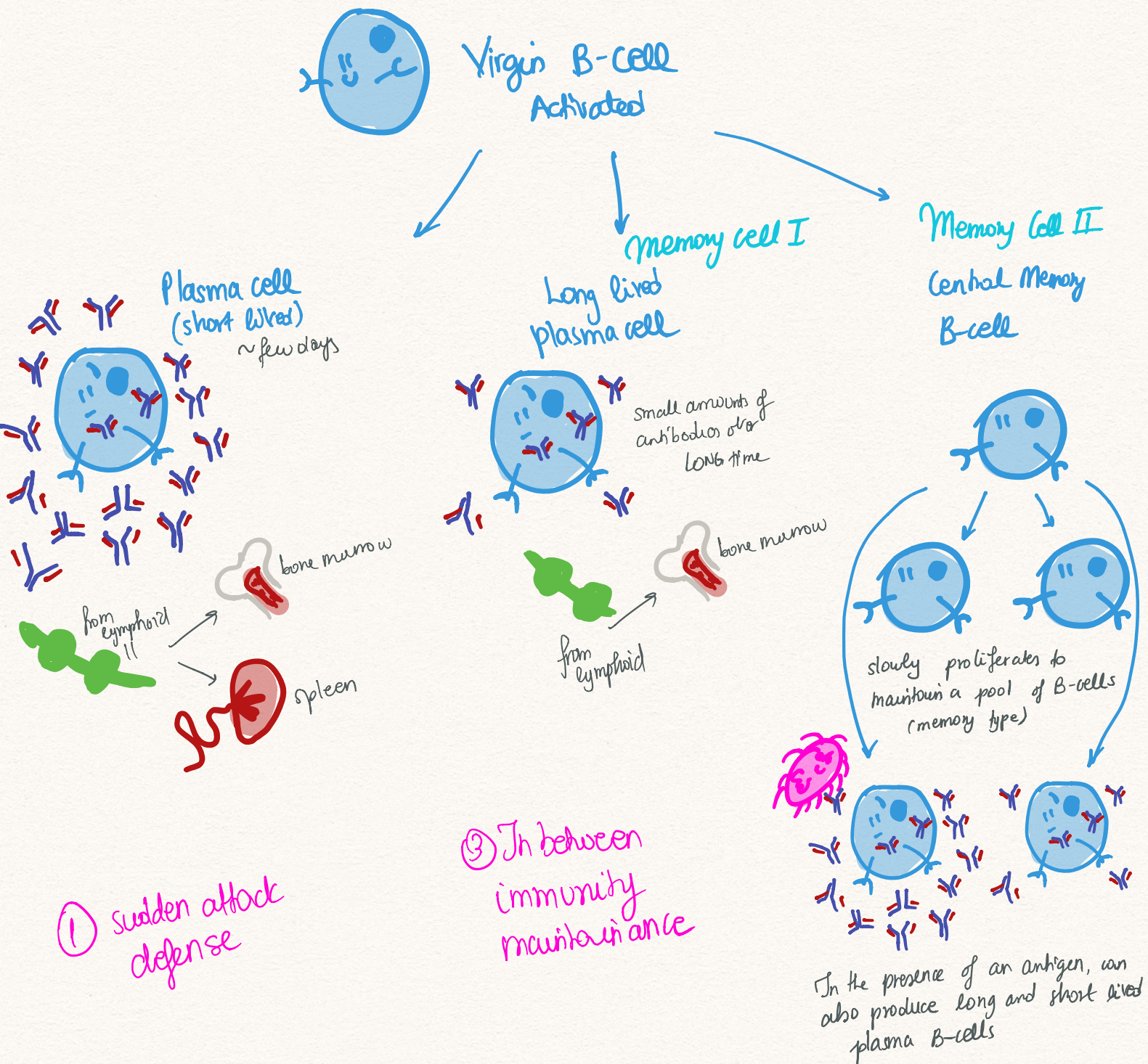
= receptor editing

can try to rearrange their light chain again if it recognizes self, and only if it isn't ok again is the B-cell killed off



death mechanisms \approx to those of T-cells for B-cells that recognize self as an antigen to be killed off

Immunological Memory



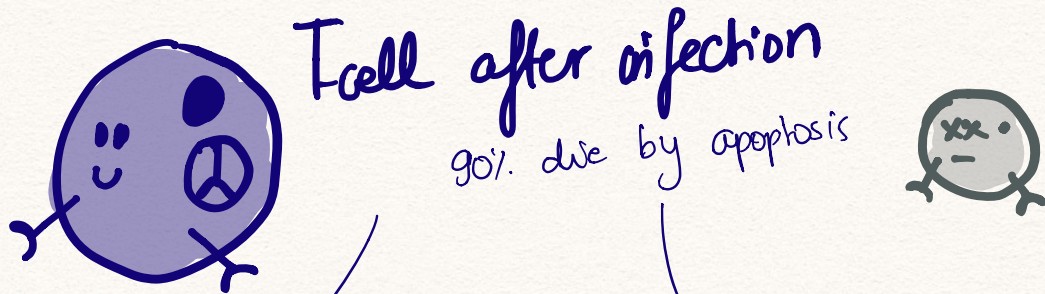
① sudden attack defense

③ In between immunity maintenance

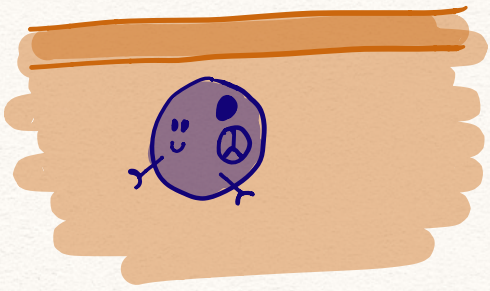
② re-attack defense

→ in secondary lymphoid organs

can remain for a lifetime → not dangerous because B-cells only produce antibodies, so even if the antigen never appears, the antibody will be harmless

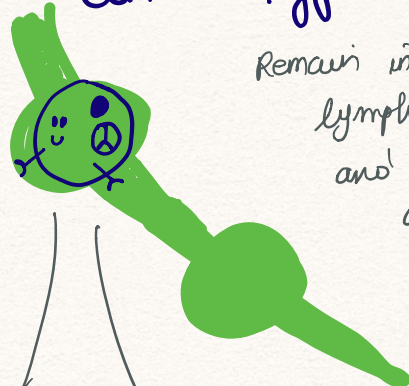


Memory effector T-cells

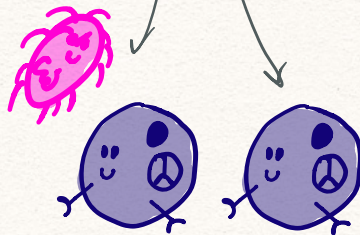


Remains in tissues near site of infection

Central effector T-cell



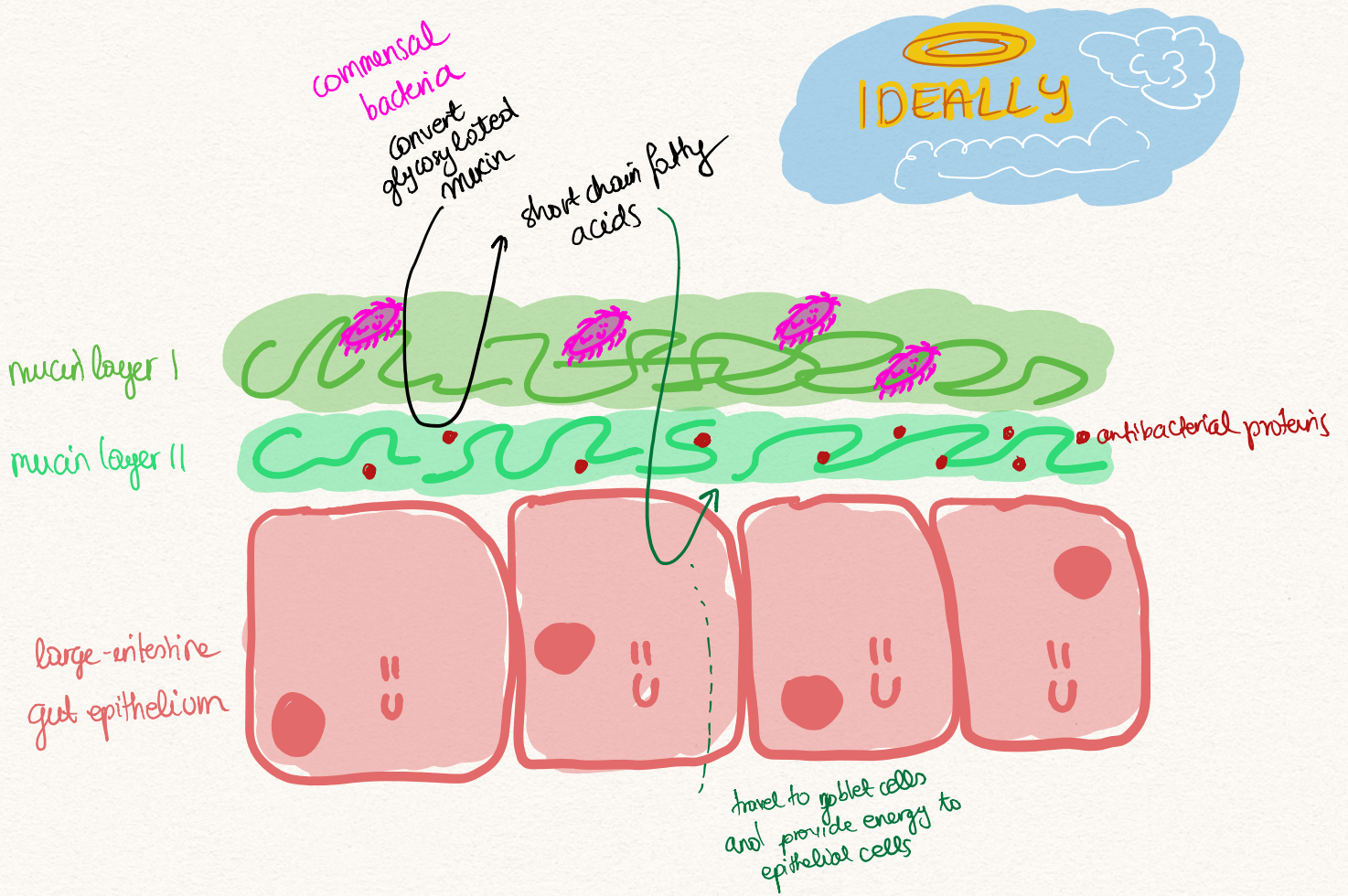
Remain in secondary lymphoid tissues, and proliferate and travel when needed



There are no T-cells that remain for a lifetime (like B cells can)
 This is because T-cells can produce cytokines = non-specific immune system activators (B-cells only produce antibodies, which are harmless even in absence of antigen) so we cannot risk long-long living T-cells!!

→ long lived T-cells need to go DORMANT

THE LARGE INTESTINE

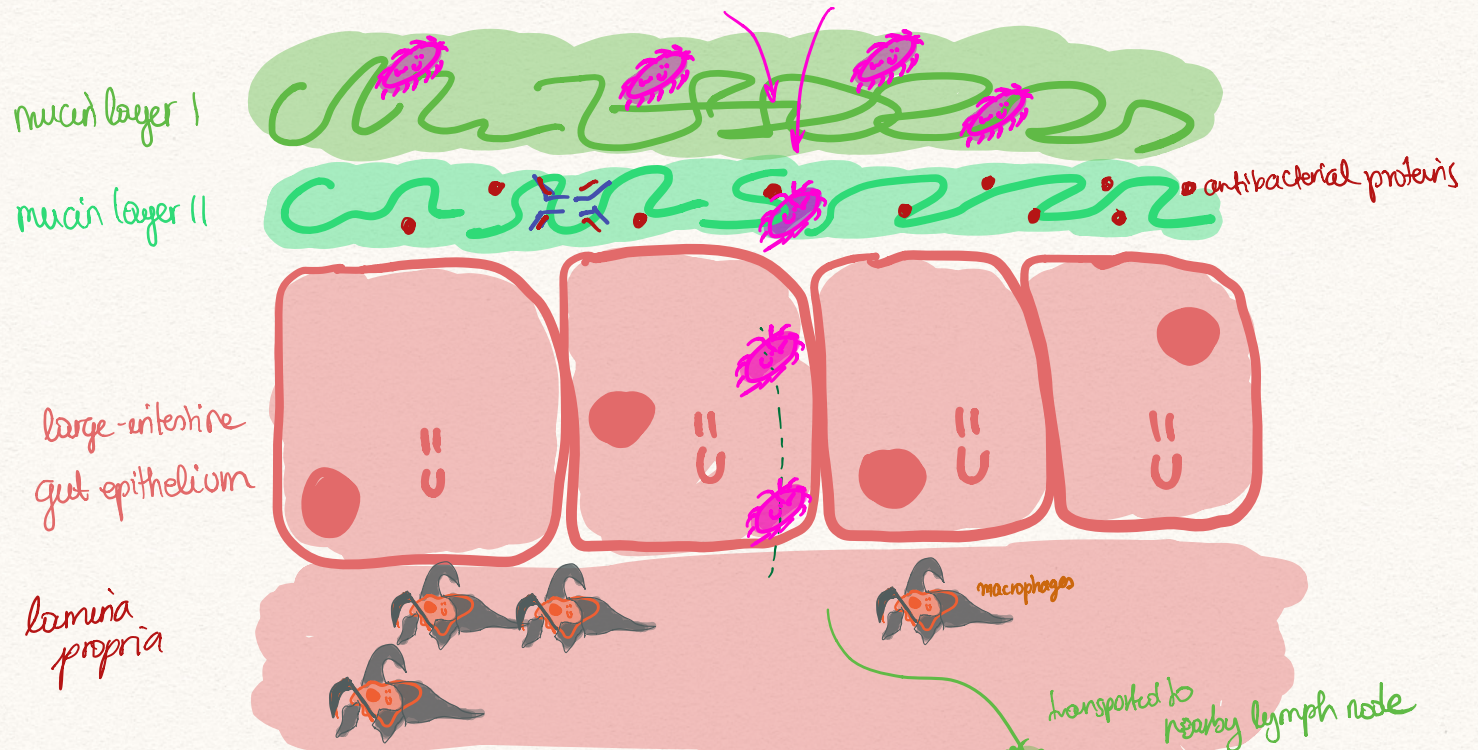


A SEPARATE immune system in a way to the rest of the body:

- the cells (deniticeg.) only travel to their local lymph nodes and not beyond
- the activated macrophages, T-cells, B-cells remain in the lamina propria and do not travel around the body



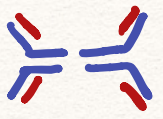
UNDER CONSTANT ATTACK from bacteria breaking through gaps in the mucin layer



Avoiding inflammation:



non-inflammatory macrophage
= cannot produce cytokines



IgA antibodies

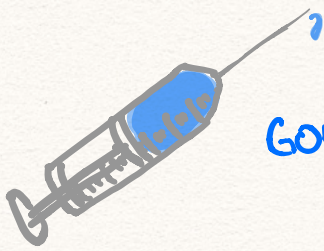
- ✓ dump antigens for removal from gut
- ✓ cannot initiate an immune response like IgG antibodies b/c their Fc region doesn't bind
- ✓ bind to invaders and prevent them entering gut lamina propria

non-local exit of cells:
unlike a splinter, where cells can be made to leak out exactly where they are needed, they are allowed to leak throughout the intestine. This is because:

1. it is likely that the same pathogen can leak anywhere in intestine
2. the intestinal immune system is always prepared, doesn't need such an alarming local response as elsewhere
→ massive inflammation avoided

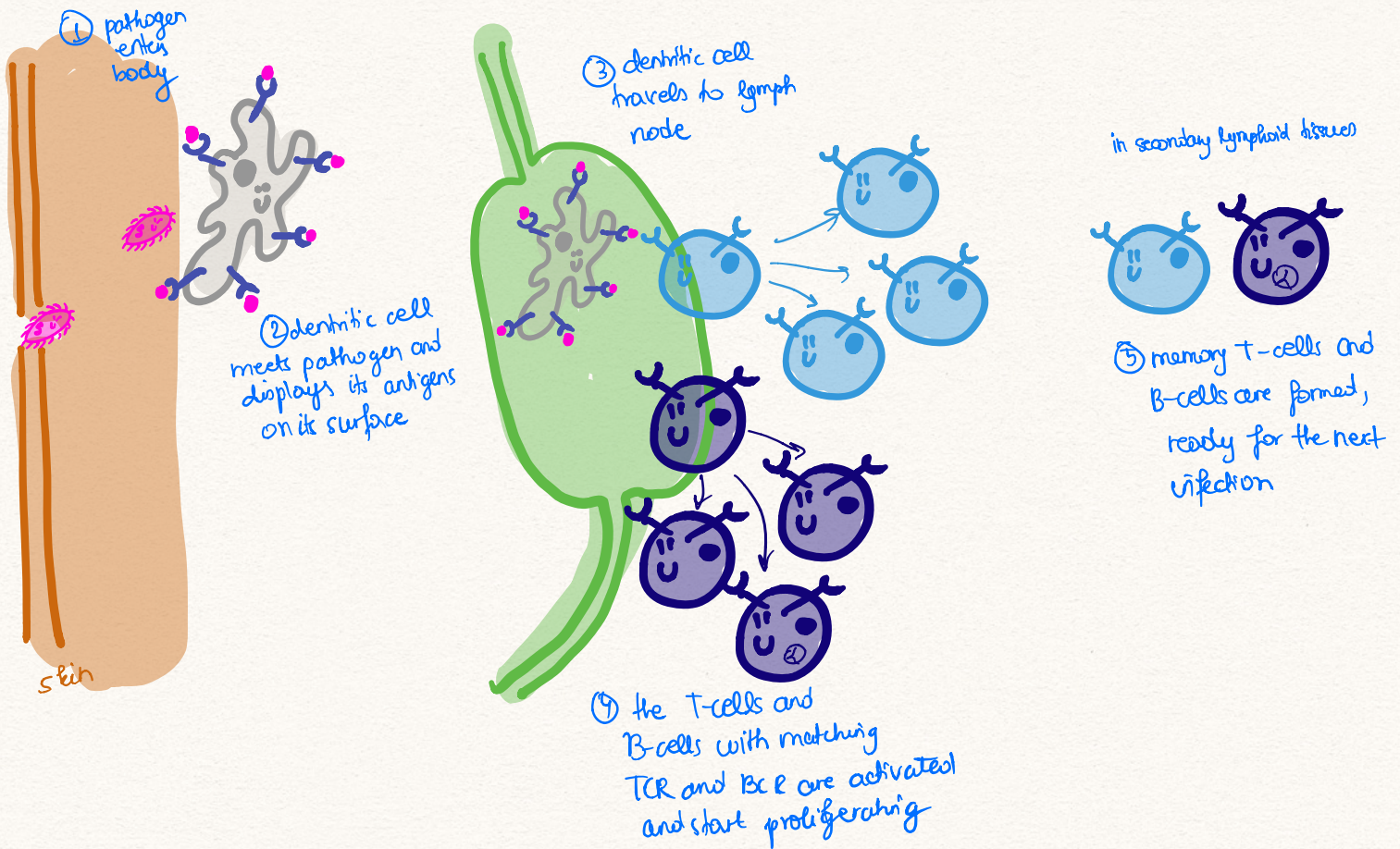
GOAL: TO AVOID INFLAMMATION: THE DEFAULT OPTION FOR THE GUT'S IMMUNE SYSTEM IS ANTI-INFLAMMATORY

VACCINES



GOAL? To produce memory T cells and memory B cells which can be there to initiate a fast immune response when their pathogen is introduced **without having to put the body through the danger of actually being infected by that pathogen first**

HOW? How are memory T-cells and memory B cells formed?



→ so this process can be exploited → instead of waiting to /introducing the whole pathogen, only the antigens are introduced → enough for the dendritic cell to become activated and memory T-cells and B-cells to be produced.



killer T-cells cannot be produced without the APC being actually infected by the pathogen, because it needs MHC I molecules, so memory CTLs will not be formed by this mechanism

Types of vaccines

FORMALDEHYDE TREATMENT



will "glue" proteins together, so the virus will look like one, but will be completely non-functional
= like "boots" to a wheel of car

! is not guaranteed to be 100% effective on all of the viruses:
- not a big issue for the flu virus
- a HUGE issue for the HIV virus



acellular vaccine

isolation and purification of only some parts of bacteria
pertussis bacterium



B-cells



Th-cells



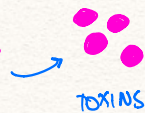
CTLs

! NOT PRODUCED X
→ not an issue for pathogens which do not activate CTLs anyway:
eg. extracellular bacteria which do not cause their MHC1 production anyway
→ and the B-cell, Th-cell is usually good enough extra protection despite no CTLs

- but killed virus vaccines do not work against either
- measles
- mumps
because of this!



diphtheria tetanus



toxins

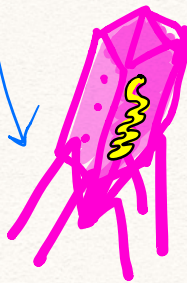


TOXOID

toxins produced by some bacteria are isolated, treated with ALUMINIUM SALTS and TOXOIDS are produced, which can activate B-cells and create memory B-cells

GENETICALLY MODIFIED

genetic engineering used to generate non-infectious viruses
→ no danger

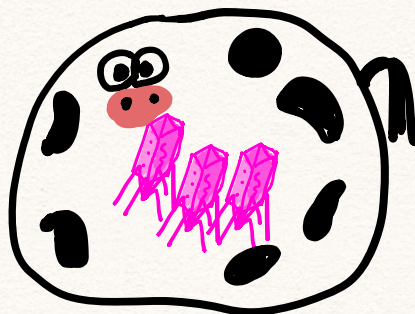


hepatitis B papillomavirus

CARRIER VACCINES

Trojan horse

- a single gene that doesn't cause disease inserted into a virus capsule
- can "infect" host
- can certainly not cause disease



measles
rubella
mumps

ATTENUATED VACCINES

→ vaccines are grown in their non-normal host cells, so they accumulate mutations that weaken it



B-cells



Th-cells



CTLs

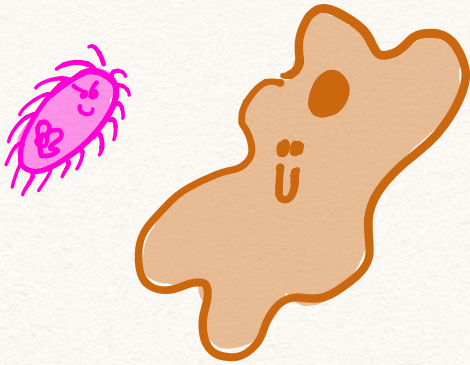
! SAFETY ISSUES

- ① can reproduce and spread to other
→ herd immunity - but this is dangerous to some weaker immunity ppl
- ② virus can mutate and reactivate itself

IMMUNITY GONE WRONG

When the immune system does what its supposed to do

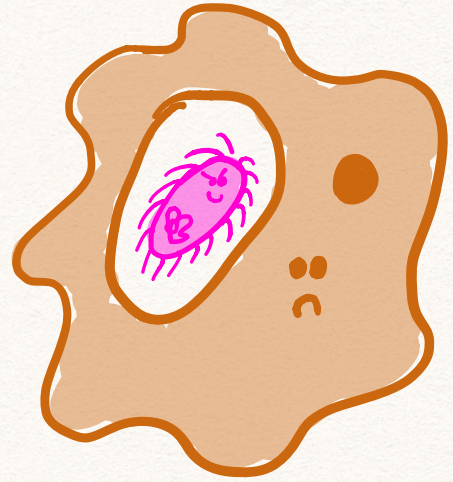
- TUBERCULOSIS -



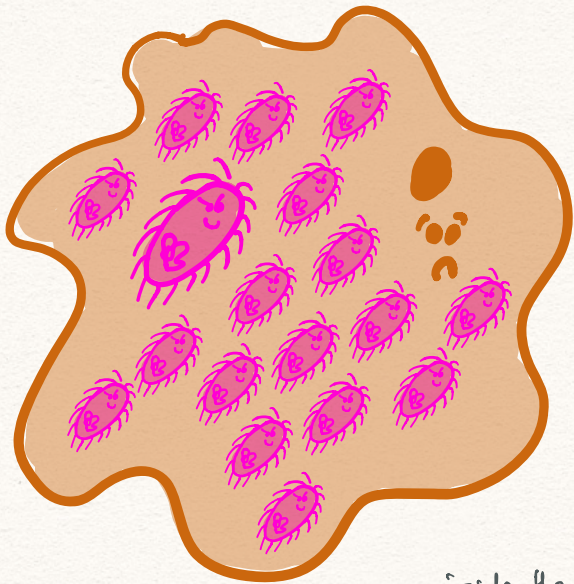
① TB bacterium enters body



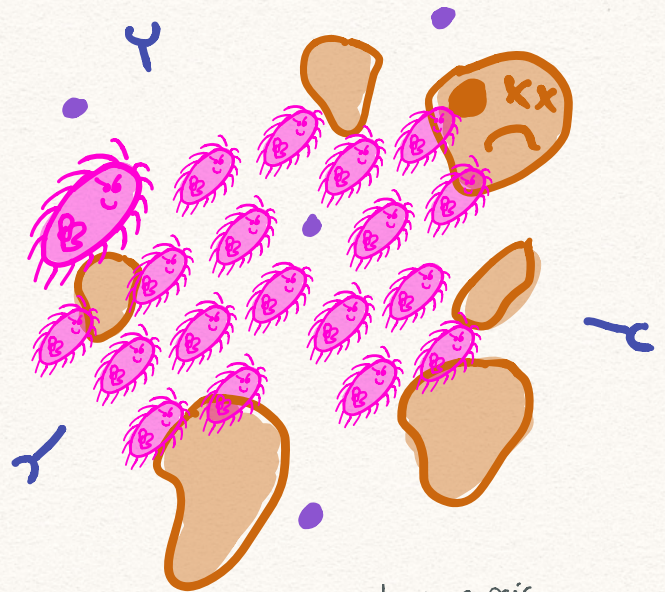
② Bacterium is phagocytosed by macrophage



③ phagosome is modified by bacterium and the macrophage cannot fuse it with lysosomes

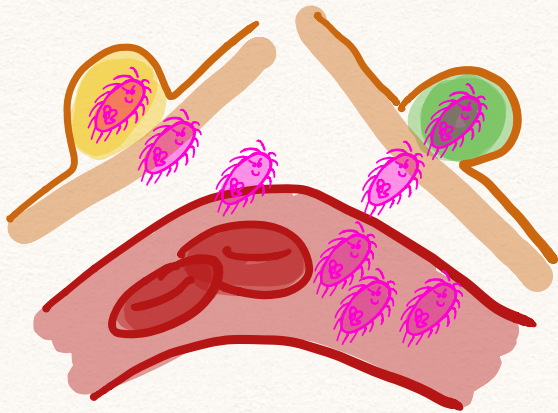


④ The TB bacterium replicates inside the macrophage using its machinery



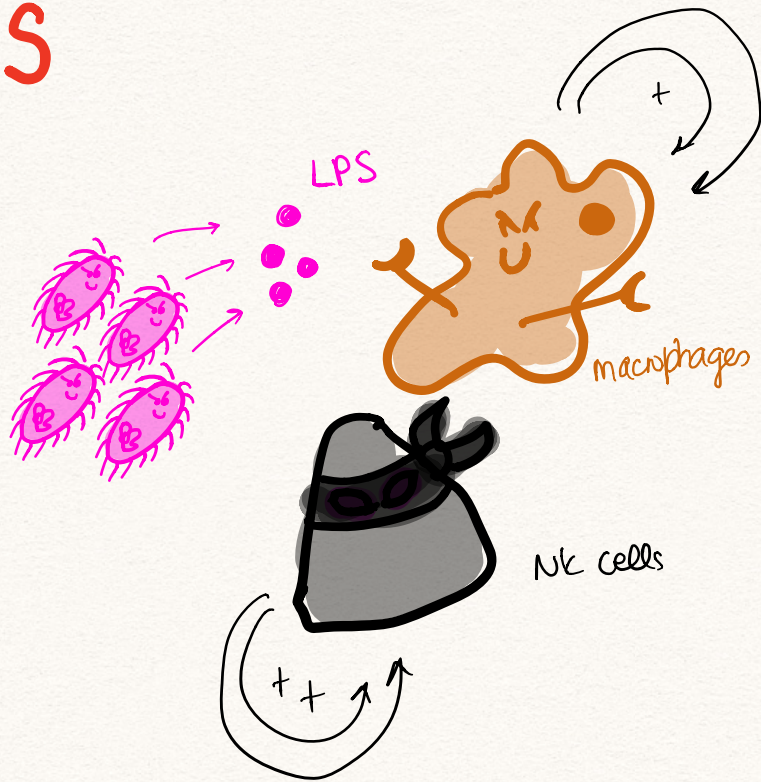
⑤ the macrophage dies by necrosis
→ the bacteria are released
→ the cytokines explode recruiting more macrophages
→ the cytokines cause inflammation which damages the lung tissue

SEPSIS

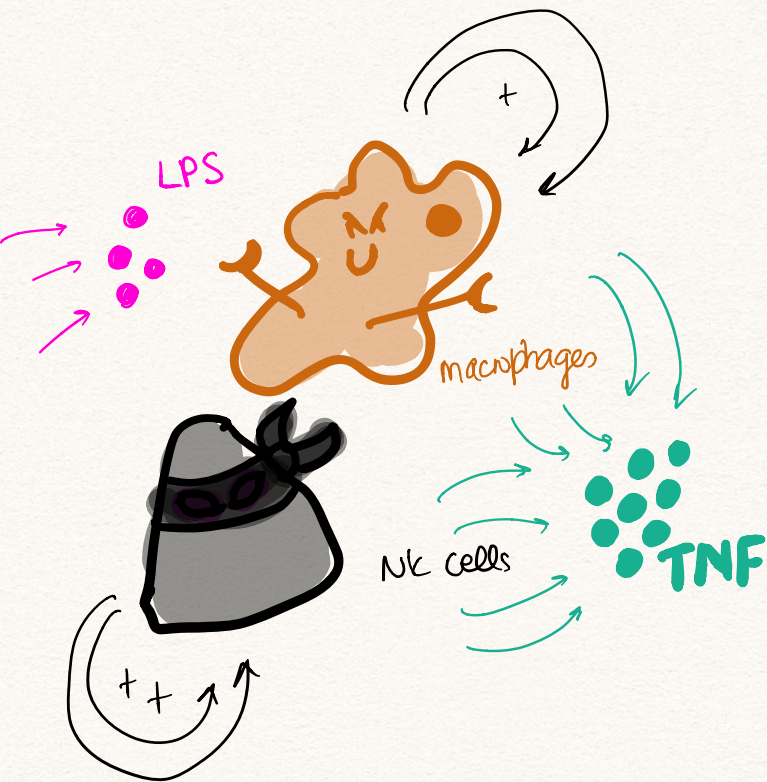


- ① bacteria from an abscess or local infection escapes and enters bloodstream
 - a lot needed in someone healthy
 - few needed in someone immunosuppressed (eg. cancer medication)

* usually gram - E. coli with LPS on their surface



- ② LPS released from the bacteria activate macrophages and NK cells, which then enter positive feedback loops

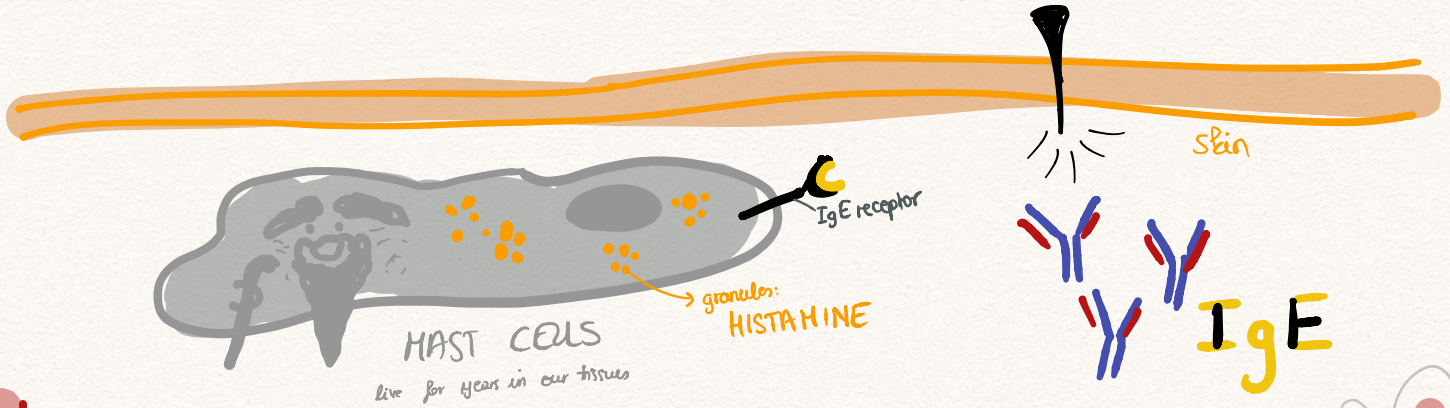


- ③ TNF released by the cells make blood vessels leaky:
 - this happens all around the body
 - fluid leaks out of the vessels
 - in extreme cases, the amount of fluid loss is so high that you can go into **SEPTIC SHOCK** because the blood pressure falls low

Positive feedback loops, which normally allow quick and strong reactions locally, go into overdrive and cause a system-wide reaction

WHEN THE IMMUNE SYSTEM GOES WRONG

ALLERGIES



MAST CELLS
live for years in our tissues

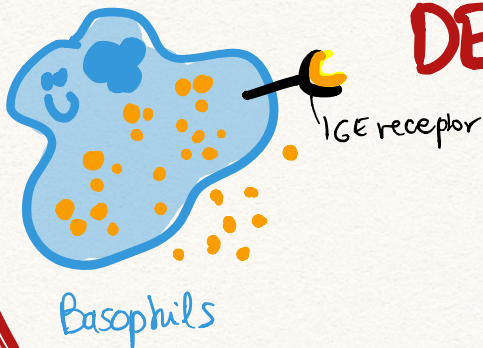
granules:
HISTAMINE

IgE receptor

skin

IgE

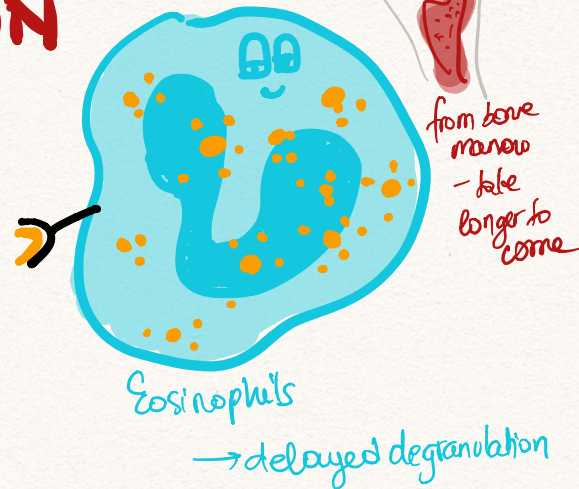
DEGRANULATION



IgE receptor

Basophils

from blood - immediately



Eosinophils

→ delayed degranulation

How is this normally useful? Degranulation?

Large parasites cannot be phagocytosed, they get surrounded by IgE antibodies, to which mast cells, basophils and eosinophils can bind and release their granules to destroy

So why are extra IgE made (when not needed), instead of IgG?

- The type of T-cell in the secondary lymphoid organ determines the type of antibody stimulated to be made
- People who have allergies have more of the Th2 type of T-cells

WHY DO WE HAVE ALLERGIES?

A fetus has both **maternal** and **paternal** antigens, which when expressed, may prompt the mother's immune system to attack it, as though it were a transplant.

! Th1 → TNF
IL2 → activate immune system

Th2 → IL4
IL5 → activate IgE

→ also the fetus will have mainly Th2 T-cells (because it shares the maternal cytotrophoblasts which promote Th2 expression)

HYGIENE HYPOTHESIS

Once born, the presence of antigens & microbes will prompt the Th1 system, the formation of memory T-cells and B-cells and require the immune system (which is very hard to be changed).

If the baby is not exposed to these pathogens, the immune system will not be required, and will remain Th2 favoured.

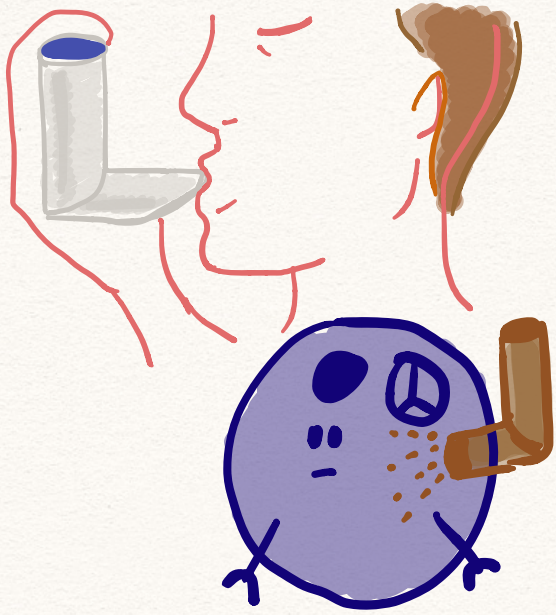


EXPOSURE HYPOTHESIS

This is the idea that the more exposure one has to an antigen the more T-cells will be created for it, and the higher the chance Treg cells will be created for it, which will dampen the immune response to that pathogen.



Treg cell



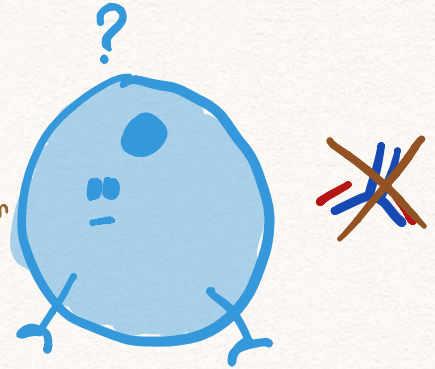
TREATMENT FOR ALLERGIES

CORTICOSTEROIDS

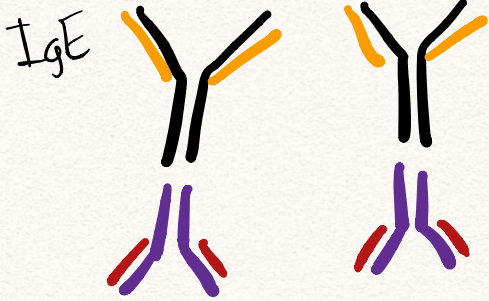
prevent cytokine formation and release by T_H cells

! This is non-specific blocking of B-cells
 → so if corticosteroids are taken for extended periods of time, this leads to immunosuppression

B-cells do not get the signal needed for activation
 → no antibodies formed



OXUMAB

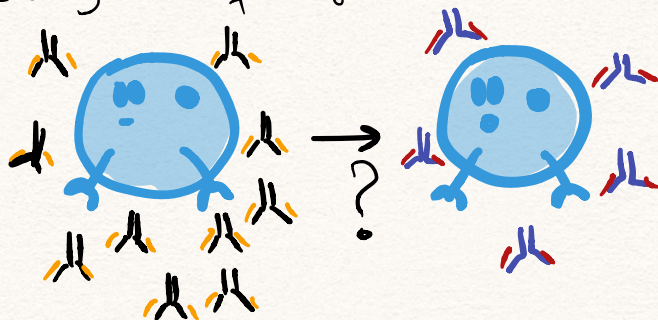
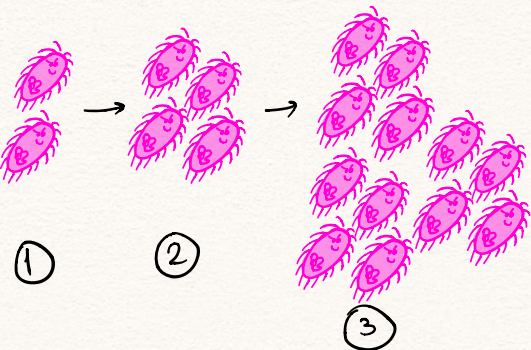


These are antibodies produced in the lab which bind to the F_c region of IgE antibodies, thus deactivating them
 → good for extreme allergies

! also immunosuppressants

SPECIFIC IMMUNOTHERAPY

increasing doses of antigen administered to patient



This somehow results in IgE → IgG producing cell??
 B-cell



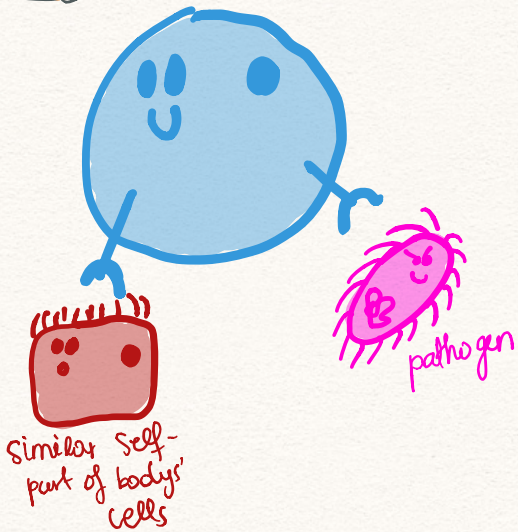
MOLECULAR MIMICRY

When the antigen is similar to a part of a body's own cells, the B-cells and T-cells for it will become activated and proliferate during an infection.

→ at the same time, it can now attack the body where it is similar to it:

eg. streptococcal throat infection
and mitral heart valve cells

⇒ Rheumatoid heart disease



⚠ Because the self-tissue is unable to activate the immune system even if recognized by it, because it lacks the co-stimulatory signals, the attack can only occur while the other pathogen is still present and CONTINUOUSLY ACTIVATING the immune system to attack it, and those activated cells can also then attack the body